



Become a Suicide Prevention Ambassador

Take part in our free suicide prevention training course designed for barbers, tattooists, hairdressers, gym staff, aesthetic professionals, hospitality workers and those working in similar industries.

Learn essential skills and become a source of support and hope. Invest 2.5 hours and join us in championing mental health in our community. You could help to save lives.

Book now:

heymind.org.uk/SPTtraining



Do you find yourself having conversations about mental health with customers?



This **FREE** 2.5 hour suicide prevention training course will equip you with valuable skills, knowledge and tools that will assist in helping others to deal with thoughts of suicide as well as to help keep them safe.

Attendees will get a certificate, badge and a window sticker to display.



 **VARIOUS DATES**
AND TIMES AVAILABLE*
*Online and face to face sessions

Suitable for:

- Barbers
- Fitness workers
- Tattooists
- Hospitality workers
- Hairdressers
- Beauty Therapists
- Other similar industries

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