



Hull and East Yorkshire Mind

A company limited by guarantee

Consolidated Financial Statements

31st March 2019

Hull and East Yorkshire Mind (Registered number: 04936165)

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Hull and East Yorkshire Mind (Registered number: 04936165)

Trustees Report

Year ended 31st March, 2019

Reference and administrative details

Registered Name: Hull and East Yorkshire Mind

Charity Number: 1101976

Company Number: 04936165

Registered Social Housing Provider Number: 4828

Address of Principal Office: Wellington House, 108 Beverley Road, Hull, HU3 1YA

Trustees during the period (up to the date this report was approved):

A. Denholm	- Honorary Treasurer
N. Smith	- Chair (from 12/12/18)
J. Oraka	
N. Stewart (resigned 12/06/19)	- Vice Chair (until 12/06/19)
P. Archer	- Vice Chair (from 01/08/19) Chair until 12/12/18)
D. Kitney	
S. Wakefield	
P. Wheatley	
M. Gill (resigned 07/06/18, reappointed 12/12/18)	
L. Hughes (appointed 15/05/19)	
A. Mason (resigned 11/02/19)	
L. Deas (appointed 20/02/19)	
W. Hughes (appointed 15/05/19)	
J. White (resigned 26/09/19)	
V. Walker (resigned 15/05/19)	
N. Stewart (resigned 12/06/19)	- Vice Chair (until 12/06/19)
A. Mason (resigned 11/02/19)	

Senior staff to whom day-to-day management of the charity is delegated:

D. Smith (resigned 30/11/19)	- Chief Executive Officer
R. Parker (appointed 15/05/19, resigned 29/07/19)	- Chief Executive Officer
E. Dallimore	- Chief Executive Officer
J. White (resigned 26/09/19)	- Finance Director

The names and addresses of advisors:

Bankers: Natwest Bank
34 King Edward Street
Hull
HU1 3SS

Auditors: Smailes Goldie
Regent's Court
Princess Street
Hull
HU2 8BA

Solicitors: Rollits
Citadel House
58 High Street
Hull
HU1 1QE

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1 Trustees responsibilities

The trustees (who are also directors of Hull and East Yorkshire Mind for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Registered social housing legislation requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006, the Housing and Regeneration Act 2008 and the Accounting Direction for private registered providers of social housing in England 2015. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Insofar as the trustees are aware:

- there is no relevant audit information of which the company's auditor is unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

The trustees have responsibility to ensure that the Charity is properly funded by direct grant or other means. The Charity is not allowed to be insolvent and is subject to annual audit by independent auditors.

In the event of a winding up of the Charity any surplus funds must be applied to any such charitable purposes in connection with the preservation and safeguarding of mental health and the relief of persons suffering from mental health problems.

2 Structure, governance and management

Hull and East Yorkshire Mind is an incorporated Charity limited by guarantee (Company No. 4936165) governed by the Articles and Working Rules. It is a local Charity affiliated to National Mind and a Registered Charity (Registration number 1101976). It is a Registered Social Housing Provider (Registration number 4828).

The Articles and Working Rules set out various categories of membership and full members shall be entitled to vote at all general meetings of the Charity.

We serve, but not exclusively, the area covered by the Kingston upon Hull, the East Riding of Yorkshire and the North East Lincolnshire Councils being Unitary Authorities. We also have and continue to develop services that can be delivered nationwide.

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Organisational structure and decision making

The Charity has an Executive Committee of up to 12 Trustees, who also comprise the directors of the company. The trustees meet at least 5 times a year including strategic planning days. From the committee of trustees are elected 3 Appointed Officers of Chair, Vice Chair and Honorary Treasurer. Trustees are either elected at the Annual General Meeting or co-opted. The Trustees may also delegate powers to sub-committees containing at least 2 from their number to look at specific matters and advise. Currently there are 3 sub-committees responsible for Business Development; Finance, HR and Risk; and Governance and Performance.

Day to day management of the Charity is delegated to a Chief Executive Officer (CEO), responsible to the Executive Committee. The CEO leads and is supported by a senior leadership team with overall responsibility for Finance and IT, Human Resources and Training, Operations, Health and Safety, and Protection of Vulnerable Adults. The CEO is responsible for implementing the policy and strategy adopted by the Executive Committee in line with approved budgets and advising on such policies and strategies. The CEO and senior leadership team must report regularly to the trustees on activities undertaken and provide regular management accounts to explain the financial position of the Charity.

Recruitment and training of trustees

The Trustees aim to maintain within the Executive Committee a wide breadth of experience both from within the voluntary sector as well as from the local business community and be representative of the people we serve and the diverse minorities within it. Trustees are elected from the membership following a formal nomination or recruited by advertising vacancies and personal approaches. Training is delivered in the first instance through the use of an induction pack and a process of support by other trustees. Specific training needs of trustees are also identified and training provided by a full range of methods both in house and external.

Board performance evaluation

During the year, as part of its commitment to good governance, the Board undertook an annual review of its performance.

The evaluation of the performance of the individual charitable directors was undertaken by the Chair and immediate past Chair using a self-assessment questionnaire and confidential interview. During the evaluation the Chair and immediate past Chair discussed with each member their contribution and the time spent by them in performing their responsibilities.

As the Chair was new in post an evaluation will be undertaken approximately one year after appointment by an external consultant with considerable experience of charitable organisations with input from the individual charitable directors.

Based on the overall performance evaluation the Board concludes that they have been operating adequately and the results have been positive as they continue to demonstrate commitment to their roles.

Policy on benchmarking and setting remuneration of key management personnel

The goal of HEY Mind's pay policy is to offer fair pay to attract and keep appropriately qualified staff to lead, manage, support and deliver the charity's aims. The Board of Trustees sets pay in a manner that is consistent with this goal and recognises that it's possible to attract senior executives with lower pay than public or private sector market rates. HEY Mind Trustees are responsible for setting remuneration levels for the charity's most senior staff.

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Policy on benchmarking and setting remuneration of key management personnel - continued

To set appropriate pay and rewards for these staff requires making informed judgments and following the charity's governance and constitutional arrangements.

In deciding top levels of pay and rewards, trustees will consider:

- a) the purposes, aims and values of the charity, and its beneficiaries' needs
- b) how this affects pay policy for all employees, and for the senior staff in particular, including whether a lower rate of pay compared to similar roles in other sectors is appropriate
- c) how pay is linked to the skills, experiences and competencies that the charity needs from its senior staff and the scope of their roles
- d) the charity's current business plan and how implementing it may affect the number of senior staff the charity needs to employ or recruit, and the nature of these roles
- e) the charity's ability to pay, including:
 - i. the benefit to the charity that such positions will bring
 - ii. the cost to the charity of increasing remuneration levels
 - iii. how increasing pay, particularly at senior levels, would be perceived by employees, donors and beneficiaries
 - iv. whether it's affordable, including in the longer term (perhaps based on a risk assessment of future income and expenditure)
 - v. the appropriateness of the pay in the context of the charity and its beneficiaries' needs
 - vi. their assessment of the charity's and senior staff's performance against expectations, both short and long term
- f) information on pay policies and practices in other organisations that could help guide a decision on whether a level of pay is fair
- g) the wider 'employment offer' they can make to potential employees, where pay is one part of a package that includes personal development, personal fulfilment and association with the charity's cause
- h) the charity's track record in attracting and retaining committed and motivated employees
- i) the likely impact on, and views of, beneficiaries, donors, funders, and current and potential volunteers
- j) the relationship between policy and practice for pay of senior staff and that of the charity's whole workforce

Risk Management

Risk is identified in a number of ways through our Health and Safety Committee, strategic and business planning, financial reporting, recommended practise and legislation. This is managed through policy development and training. A risk register in the form of policy development and review has been created from which policy is made and a training programme implemented. The training programme is monitored for each individual member of staff, volunteer, and trustee and reported to the Executive Committee of trustees.

Related Parties

On the payment of an annual levy to National Mind the Charity shall remain affiliated and can participate in the affairs of National Mind to such a degree and through such representation that may be determined by us and National Mind.

The Charity is guided by both local and national policy and strategy where this is complementary to our objectives. Equally we will participate in joint working with other national and local organisations, such as National Mind, in the pursuit of our objectives.

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3 Objectives and Activities

The Charity's objects ("the Objects") are:

- (a) the preservation of mental health and mental and emotional well-being within the whole community by:
 - (i) the advancement of education; and
 - (ii) the provision of facilities and services for social welfare, personal development, recreation and social inclusion, being non-party in politics and non-sectarian in relation, without distinction of race, gender or sexuality
- (b) Assist in relieving and rehabilitating vulnerable persons of all description and ages and from all walks of life who are:
 - (i) Suffering from mental health disorders; or
 - (ii) Suffering from anxiety or emotional or mental distress; or
 - (iii) developing or are at risk of developing mental health disorders or anxiety or emotional or behavioural problems for any reason whatsoever including, but not limited to alcoholism, substance addictions, their age, bereavement or loss, conditions of life, disability, homelessness, exclusion from school, college, university or society, financial hardship, physical condition or illness, personal circumstances, redundancy, unemployment

by the provision of advice, assistance, counselling, guidance, treatment or any facilities or services calculated to improve their mental health, emotional well-being and conditions of life
- (c) to carry on for the benefit of the community the business of providing social housing and any associated amenities for persons in necessitous circumstances upon terms appropriate to their means
- (d) educate and disseminate information in matters relating to mental health and emotional well-being and the preservation and maintenance of mental health and emotional well-being to the public at large and to the carers, colleagues, families and friends of vulnerable persons suffering from mental health disorders and/or emotional or mental distress or who are developing or are at risk of developing mental health disorders and/or emotional or behavioural problems for any reason.

The trustees confirm that they have complied with the duty in section 17(5) of the Charities Act 2011 with regard to the Charities Commission guidance on public benefit when reviewing the charity's aims and objectives and planning future activities. Having regard to the activities and achievements of the charity the Trustees are of the opinion that it has fulfilled its charitable purpose.

Our **Vision** is that we won't give up until everyone experiencing a mental health problem gets both support and respect.

Our **Mission** is to work with partners to intervene as early as possible, providing advice and support to empower and give hope to anyone experiencing a mental health problem. We campaign locally to improve services and reduce stigma and discrimination.

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We will achieve our mission through the delivery of four strategic aims

Aim 1: Changing People's Lives

To enable individuals to make informed decisions that support them to achieve their personal goals
To reduce reliance on mental health services and promote independent living
To enable individuals to move into and maintain mainstream employment, volunteering and learning

Aim 2: Changing Opinions

To influence policy makers to ensure mental health is a higher priority
To support individuals to ensure their voice is heard and they are able to influence the way services are provided
To ensure the general public has a better understanding of mental ill-health and how it can affect people

Aim 3: Helping More People

To develop new services for children and young people, diverse communities and people experiencing suicidal thoughts
To develop additional long-term housing provision
To develop a programme we offer to employers to support their employees

Aim 4: Organisational Excellence

To continually evaluate our work and develop methods to benchmark ourselves against other providers
To ensure our governance is robust and effective
To ensure the team has the expertise and capacity to deliver quality and growth
To increase our non-statutory income

Our Values

Respect – Accepting all others, respecting their beliefs, needs and wishes

Compassion – Being compassionate towards people and each other, promoting wellbeing for all

Safe – Delivering services with honesty, professionalism and accountability within a framework of an enterprising and sustainable business model.

Volunteering

At the end of this reporting period, we had 67 active volunteers recruited, trained and providing their time and expertise to support our work. Volunteers at HEY Mind now fulfil a variety of roles and are an integral part of the services we offer. Examples of the roles now available are group and peer support, training support, finance and administration, gardening, information services, fundraising events, trustees and student placements. Volunteers provided the equivalent of 9,771 hours contribution to our services in this reporting period (estimated value of £80k per annum).

4 Achievements and Performance

Housing Services

Since becoming a Registered Social Landlord in 2016 we have continued to expand our housing stock. Last year our housing renovation completed and of the 4 self-contained flats 3 are now tenanted. We have increased from 76 supported housing placements across Hull and the East Riding of Yorkshire to 96 and are set to increase this to 105 by the end of 2020.

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Housing Services - continued

Our occupancy rate for the year 2018/19 was 85% (vs. a target of 90%) and 81% of people who moved on from our services are now living more independently (vs. a target of 80%). Some of the challenges we have faced in relation to reaching the 90% occupancy target has been the lowering of our length of stay threshold to 1 year with many residents moving on now within 6 months.

Our supported houses are designed to be enabling environments and are typically set-up as shared houses with communal facilities. In addition, we also manage some self-contained accommodation. Unfortunately during this year we were not successful in tendering for Hull City Council's Housing Related Support contract for floating support services. Our 24/7 accommodation service for young people was also de-commissioned. However we counteracted this by maintaining our managing agent contract with Homegroup and utilising the property to work in partnership with our trading subsidiary (Wellington Care Ltd.) to provide a 24/7 supported living project for women with complex mental health needs.

We were also successful in Hull City Council's Housing Related Support tender process with 33 Complex Mental Health placements and a further 7 dispersed accommodation units for young homeless people.

We continue to provide emergency Step Down accommodation for individuals across Hull and the East Riding who are medically fit for discharge but who have few accommodation options. The service aim is to support people into longer term safe accommodation within a 4 week timescale and we are achieving those timescales. Our current length of stay is 23 days, well within the 28 day target.

The Step Down service has gone from strength to strength and has been commissioned for a further year from March 2019 to be reviewed in March 2020. This service has been excellent and the partnership working with Humber Teaching NHS Foundation Trust (NHSFT) has ensured that people are not remaining in hospital for longer than is necessary and also that they receive the specialist resettlement support they need. One resident who accessed this service said it had given them:

"The opportunity to rebuild my life having worked as a therapist (Cognitive Behavioural Therapist) for over 15 years from both the professional and personal viewpoint I believe every M.H. service should offer a facility like this as would benefit both service users and mental health (MH) services and reducing services users (SU's) getting into a revolving door. I can also from both professional and personal viewpoint say the service offered by the team here is exceptional 10/10. Great team, great leader and leadership".

We have also been working in partnership East Riding of Yorkshire council to develop a new innovative approach to housing provision. The first pilot of Housing First in our region is now underway with one property now tenanted and a further property about to come on to our portfolio.

Community Services

Community Services includes the Reach Out Project, Moving Forward, Community Personal Budgets, Ways to Well Being, Action Towards Inclusion and the Bereavement Service.

Reach Out

The East Riding Mental Health Promotions contract is funded primarily by East Riding of Yorkshire Council. The Mental Health Promotions contract is an open-access service promoting mental health and well-being through one-to-one self-development, telephone information and guidance, psycho-social courses and groups. We also challenge stigmas by attending themed mental health events throughout the year. This support is available to the residents of the East Riding of Yorkshire aged 16 and above. The project supports East Riding residents across all 6 Care Delivery localities across the East Riding.

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The project team aims to support people to take control of their own lives and move forward to increase their confidence and achieve agreed goals by offering thorough assessment and support planning with the aim of promoting social inclusion and recovery. People access 1to1 support or engage in group workshops and activities. They undertake an assessment which includes using the Mental Health Recovery Star assessment tool.

This year we have achieved the following outcomes:

89% of people who have accessed have improved in their ability to manage their mental health

77% of people who have accessed report improved social networks since accessing support,

84% of people have reported positive impact to identity and self-esteem.

81% of people experience improved trust and hope.

92% of people who accessed the Reach Out Service achieved their personal goals identified at the start of support.

Moving Forward

The Moving Forward Vocational Support Project (funded by a Big Lottery Fund Grant) supported people across Hull and the East Riding of Yorkshire to feel able to stay at work, return to work or feel able to seek work. Specialist Vocational Support Workers supported clients to identify their personal targets and goals and complete person-centred vocational activity. One to one support was offered, group-work and courses. There was also the opportunity for clients to be supported in work tasters, placements and volunteering.

So far we have had the following outcomes:

170 people have engaged with our support across Hull and the East Riding

21 people have moved into employment

47 people moved into Volunteering

52 moved into Education and Training

76% of people who access this service show improved ability to manage mental health.

Community Personal Budgets

The East Riding team support a number of individuals in their own homes that have been allocated a personal budget to meet their support needs. The staff team work closely with Mental Health Teams and Social Workers to provide a bespoke service supporting individuals to develop their skills to become as independent as possible whether to full recovery or living with a mental health illness or problem. Examples of support include shopping (planning and organising), money management, social events and activities including swimming, garden centres, and meals out in the community.

We currently work with around 40 people in the East Riding totalling around 600 contracted delivery hours per month.

47% of people who have received support from us via a personal budget have improved in their ability to manage their mental health since working with a Mind staff member.

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Hull Peer Support Service

The Ways2Wellbeing Project provides support for adults in Hull with mental health issues, there are a wide variety of groups that people can utilise. Over the course of the year over 130 people attended the service.

Activities are informed by the people who attend, with regular group meetings to empower members to have ownership and to feel a part of something. Sessions have a variety of structured therapeutic themes that are delivered by a staff member and developed to enable recovery and build confidence. In addition we offer a Peer support group, Arts Group and a walking group.

Membership to group activity is time scaled as part of an individualised support plan to ensure that members are heading in a direction that's good for them. Social inclusion is an important element of membership and people who attend activities are also encouraged to meet outside of the group. This allows them to develop friendships and a sense of connectedness.

63% of people who have accessed have improved in their ability to manage their mental health.

54% of people who have accessed report improved social networks since accessing support.

42% of people have reported positive impact to identity and self-esteem.

Action Towards Inclusion

Hull and East Yorkshire Mind is one of the partnership organisations that is working on Action Towards Inclusion offering Keyworker and Specialist Intervention support throughout East Riding. Participants may have numerous complex barriers into employment and can be experiencing difficulties relating to health, social exclusion, poverty and lack of employability skills.

As part of Action Towards Inclusion the Keyworkers aim to identify the specific needs of the participant and how best they can support them to reach their aspirations and goals. They deliver one-to-one support, mentoring, employability training, volunteer opportunities, work placements and sign posting for additional support.

As a Specialist Intervention Provider Hull and East Yorkshire Mind provide therapy/counselling and volunteering interventions to help participants develop their skills and confidence. Based on the participants needs the counselling service is tailored to the participant by incorporating different counselling approaches.

We have supported 69 people thus far against a target of 71 people by Dec 2019.

21 people have gained an outcome of employment or education or have moved from being economically inactive towards being able to job search, against an overall target of 23.

32 people have accessed our ATI counselling service against a target of 60 people by Dec 2019.

Bereavement Support

The team have offered support for people who have been recently bereaved in the East Riding locality. This service offers bereavement support and an opportunity to have a safe and supported environment to grieve. The team offer practical support and can provide access to community based groups and activities to help to rebuild the lives of those who may feel isolated as a result of their loss.

Each year we offer 300+ hours of Bereavement support to people in the East Riding.

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Information Service

This year the Information Service has recorded 2,804 enquiries. 57% of these enquiries were from residents in Hull, 41% were from residents living in the East Riding and 2% were from residents living in North East Lincolnshire. The enquiries have been received in a variety of ways. This year, the information service has introduced regular drop ins for people to attend, these are held across Hull, East Riding and North East Lincolnshire and there are plans to add more drop ins in the future.

The Information Service is an excellent first point of contact for people who are experiencing wellbeing difficulties and social and non-medical issues. All enquiries are responded to within 2 working days, with the majority of enquiries responded to on the same day. The top two enquiries for this year have been anxiety and low mood. There still remains a broad spread of enquiries on other matters.

Everyone who engages with the Information Service are allowed the time and safe space to talk about their issues and they are provided with professional information, advice and guidance.

The Information Service also visits other organisations (both statutory and private) to offer information to staff to help them or the people they work with and ensure that Mind information booklets and contact details are available to those who need them.

Therapeutic Services

Young People's Low Intensity Interventions

Our low intensity interventions for young people referred from the Child and Adolescent Mental Health Service (CAMHS) in Hull and the East Riding continues to develop and as of October 2018 there was a change in the contract meaning that we moved from generic counselling to a more specific Low Intensity CBT based structured therapeutic approach.

The new service is delivered by a mixture of employed trainee Evidence Based counsellors, and qualified and trainee Children's Psychological Wellbeing Practitioners (CPWP) Between April 2018 and March 2019 the service has successfully supported 739 children and young people to develop coping strategies using evidenced based therapeutic interventions. This has assisted the children and young people to address emotional issues that negatively impact on their lives in over 4145 therapy sessions being offered over the year. In addition we have offered 11 group sessions with parents during this time.

HeadStart Counselling

In December 2018 we commenced a new contract with HeadStart Hull to offer counselling for Young People living or studying in Hull between the ages of 10-19. On this contract we have the employed Evidence based counsellors and qualified freelance counsellors. Between December 2018 and March 2019 we have received referrals for 180 young people and have offered a total of 371 sessions.

Whole School Approach

In October 2018 we were part of a National Mind Pilot called Whole School Approach which aims to take a whole school approach to mental health. The project incorporates a mixture of Universal and targeted services for School Staff, parents and Young people within schools to help prevent the need for services and to improve mental health within schools as a whole. The Schools that opted to be a part of the project for the Pilot year were South Hunsley, Beverley High, Withernsea, and Goole. The interventions for the project did not commence until January 2019 and therefore the evaluation data for this project do not fall within the dates for this period but will be reported on in the next report. However, the pilot year was well received within schools and schools have engaged well with the programme.

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Adult Therapeutic Services

Let's Talk

We continue to work in partnership with the City Health Care Partnership (CHCP) Let's Talk service and successfully delivered services to a total of 676 clients using the following interventions:

Psychoeducational Courses

Stress Management has had a total of 336 referrals, we have delivered 23 four-week psychoeducational courses which have been delivered by one of our Mental Health Recovery workers, supported by volunteers, to help provide tips and techniques for overcoming issues of stress, anxiety and depression. The course content is structured using Low Intensity CBT techniques and caters to a variety of learning styles, including informative techniques to help manage negative thoughts, practical relaxation and breathing. Outlining strategies to help better understand anxiety, general stress and low mood, what triggers it, techniques for managing difficult thoughts and managing the expectations we set ourselves and others

Psychological Wellbeing Practitioner (PWP)

The previous Guided Self-Help program has been replaced with 1 qualified and 1 trainee PWP delivering Low Intensity CBT, supporting a total of 188 clients. They are trained to assess and support people with common mental health problems, principally anxiety disorders and depression – in the self-management of their recovery. Treatment is delivered on a one-to-one basis either face to face or via telephone.

Talking Therapies (Counselling)

Our confidential Talking Therapies service has supported 152 clients and is designed to meet individual needs. Trusting, caring relationships are a core foundation of mental wellbeing. If clients feel safe, secure and valued they are much more likely to stay well and recover faster. Our therapists are caring, compassionate and see clients for a series of appointments, which can be weekly or fortnightly to suit their needs.

A total of 544 clients accessing our Let's Talk services completed treatment with 80% achieving their goals. Additionally, 91% of clients reported that they would either be likely or extremely likely to recommend our services.

The Humber Learning Consortium (HLC), Building Better Opportunities (BBO) Project

Under HLC the BBO project is being delivered in the Hull, East Riding, North Lincolnshire and North East Lincolnshire areas over the next 18 months. Funded by the European Social Fund and The National Lottery Community Fund, Hull and East Yorkshire Mind are working in partnership to deliver counselling services on behalf of the project.

We aim to offer counselling support to clients who are unemployed, experiencing difficulties relating to health, social exclusion and financial issues, enabling clients to move closer towards job-search, training, education and employment. Providing BBO clients access to one-to-one sessions with the same counsellor, taking place at various locations in Beverley, Bridlington, Hull, Grimsby and Scunthorpe, supporting a total of 88 clients.

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Your Consortium, Action Towards Inclusion (ATI) Project

Under 'Your Consortium' the ATI project is being delivered in the East Riding area over the next 18 months. Funded by The National Lottery Community Fund and European Social Fund, Hull and East Yorkshire Mind are working in partnership to deliver counselling services on behalf of the project.

We aim to offer counselling support to clients who are unemployed, experiencing difficulties relating to health, social exclusion and financial issues, enabling clients to move closer towards job-search, training, education and employment. Providing ATI clients access to one-to-one sessions with the same counsellor, taking place at various locations in East Riding at Beverley, Bridlington and Goole, supporting a total of 32 clients.

Mindworks

Mindworks has delivered a variety of training programmes throughout the 2018-19 financial year. Many public and private organisations have seen the benefit of raising awareness about mental health, and improving the mental health and well-being of their workforce. In addition, we have delivered some bespoke projects giving employers the tools to promote a positive workplace wellbeing culture, including for SMEs and packs for employers and employees to use. Courses delivered include Mental Health First Aid, Youth Mental Health First Aid SafeTALK, Line Managers Resource and Stress Management.

Student Placements

During 2018-2019 HEY Mind staff have supported 10 University of Hull Social Work students on placement within our services. Students worked a total of 5,778 hours across the year with a value to HEY Mind of more than £45,000 at National Living Wage rates.

Close working links have been sustained and developed further with the University Of Hull to offer quality placements for Social Work students on both the BA and MA programs.

A developing relationship has emerged with the teaching partnership and this is to help shape the future of social work teaching within the Humber area. We continue to support with student enrolment interviews, Practice Education training and portfolio reading/marking panels as well as supporting Practice learning teams with lecturing staff.

We are continuing to develop our social work programme and are part-way through supporting our first newly qualified social work student in the Assessed and Supported Year in Employment (ASYE) and hope she will pass in the next few months.

Exit interviews completed by the students that have finished placement found the following:

Overall how was your placement at HEY Mind?

'Genuinely could not fault it, it has been really good'

'Positive experience, and has helped to gain knowledge in supporting adults'

'I have really enjoyed my time with HEY Mind, it has given me some good skills and knowledge to take away with me to support my practice.'

What impact has the placement had on you?

'Grown in confidence and professional ability. I felt like a team member not just a student'

'I have gained knowledge and my time management has vastly improved'

'I supported stress management sessions whilst on placement, this has helped me to understand that I need to look after my own mental health, and to speak out when I feel overwhelmed'

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Students that have qualified after having their final placement with HEY Mind have gone on to obtain employment with Doncaster Council Children's services, Kent Statutory Mental Health services and a Private secure inpatient unit. HEY Mind have also employed two final placement students as Bank staff and are hoping to be in a position to offer them full time employment once they have completed their studies.

Fundraising

Our fundraising continues to be successful, and we are very grateful to everyone who has supported us over the year- whether that be at a bucket collection, buying raffle tickets, collecting sponsorship through a challenge event, or any of the other various ways people have supported us this year. We are also grateful to all the people and organisations who have made our fundraising possible, such as supermarkets and shopping centres, other businesses and our dedicated volunteers who support us in many different ways, and all the organisations who have given us grants and donations to support our work.

We are making good progress with diversifying the sources of our fundraising, including support from trusts and foundations, individuals, local companies and the trading via Mindworks training that helps us to continue our work.

We are registered with the Fundraising Regulator and are compliant with their voluntary Code of regulations regarding best fundraising practice. We aim for all of our fundraising to be legal, open, honest and respectful. We are unaware of any failures to comply with this Code.

We do not use professional fund-raisers or commercial participators to carry out any of our fundraising activities.

As always, it has been a pleasure over the year to meet many of the people fundraising for Hull and East Yorkshire Mind, and hear the reason they have chosen to support us. We like being able to support our fundraisers, including with advice about how their fundraising can be ethical and effective, as well as resources and ideas to help with their fundraising activities.

We have some great fundraising volunteers, who we support with training and briefing them for any fundraising event.

During 2018-19 we received no complaints about fundraising activities carried out by the charity or someone on behalf of the charity.

Changing Opinions

Over the year, we have regularly campaigned to change opinions about mental health. We have regularly promoted the importance of talking about mental health, and encouraging people to get the help they need, such as for Time to Talk day, Mental Health Awareness week, World Suicide Prevention day and World Mental Health day. Highlights this year were working with East Riding Council to provide billboards and petrol pump advertising promoting the importance of talking about mental health. This campaign also had media and social media coverage.

Measurement and assessment of performance

The Charity measures and assesses performance through the use of a Performance dashboard. This dashboard contains annual objectives in four key areas: Financial; Services and HR; Beneficiaries and Outcomes and Communications and Marketing. Actual performance against these objectives is updated and reviewed on a monthly basis in order to inform decision-making.

Hull and East Yorkshire Mind (Registered number: 04936165)

Trustees Report

Year ended 31st March, 2019

5 Financial Review

The annual accounts have been prepared in accordance with the recommendations in Accounting and Reporting by Charities: Statement of Recommended Practice (SORP) FRS 102 and Update Bulletin 1.

Income for the year was £3,164,008 which is an increase of £709,902 from last year. The major reasons for the increase in income were: Wellington Care Limited income £403,451; increased NHS funding to provide social prescribing services and step-down housing support services £157,549; increased year-on-year grant receipts from the national Mind charity, allowing us to deliver pilot projects providing mental health support to local emergency services and schools £85,763; receipt of a one-off Right to Buy capital grant to part-fund purchase and refurbishment costs at our King's Bench Street, Hull property £77,967; increased provision of adult talking therapies £71,279; and increased funding for vocational projects from the Big Lottery Fund and ESF Building Better Opportunities Grant £57,520. This more than offset a £146,010 reduction in Housing Related Support income following a contract re-tender where we were successful but at a reduced value.

This year has seen us generate an operational surplus of £149,219 before amortisation of office development costs which were provided for in our reserves policy. Surpluses have largely accrued as a result of continued focus on efficient use of resources and improving the generation of unrestricted income from sources such as training services income and fundraising.

We maintained a good cash flow position throughout the majority of the year thanks to generally prompt payments by most of our funding providers. Towards the end of the year cash flow required more careful management due to cash being invested into capital projects including our Wellington Court project; the refurbishment of our King's Bench Street, Hull property and the purchase of our Priory Grove, Hull property.

There are no concerns about the Charity's ability to operate in future periods.

Principal risks and uncertainties

The principal risks facing the charity at present relate to the low level of free reserves currently held and also the continuation and retendering of its public sector contracts. Activities and measures are already in place to mitigate these risks.

Reserves Policy

After assessment of the risk to the Charity the reserves policy is:

- To maintain sufficient reserves to enable it to respond to short term fluctuations in levels of funding, and provide sufficient liquid resources to meet its revenue and capital needs.
- To fix the sum required at three months gross annual expenditure plus committed capital expenditure.
- To monitor the position on a regular basis and identify the steps necessary to achieve the required level.
- To invest all liquid assets in short-term low risk investments except where a longer period could be considered.
- To ensure that any longer term investment is only undertaken after proper consideration of the risks and returns involved.

Hull and East Yorkshire Mind (Registered number: 04936165)

Trustees Report

Year ended 31st March, 2019

Reserves Policy (continued)

Over the course of the year we invested almost all our free reserves into developing our service provision and helping more people in future. At the balance sheet date we held £0.016m in free reserves (cash and short-term deposits less restricted funds). The remaining free reserves are currently insufficient to meet, and a long way below, the reserves policy target of £0.60m. This is due to the significant capital expenditure mentioned earlier and also partially due to the successful growth of the organisation which has increased the reserves policy sum required. The board has approved a strategy to rebuild free reserves and cash levels in order to reduce the risk that this creates.

Total funds at the balance sheet date were £1.82m (increased from £1.7m prior year). However, £1.45m of total reserves relates to fixed assets (net of related mortgage creditor) and can only be spent when the asset is sold.

Within total funds there is £1.50m designated funds and £0.16m restricted funds.

We hold designated funds in relation to: property and other fixed assets (£1.25m); the amortisation of fixed costs relating to previous office developments (£0.20m) and a refurbishment reserve for our properties (£0.05m).

Restricted funds are held in relation to several of our projects, including the Moving Forward vocational project and projects funded by the national Mind charity. In these cases funding covers a period across our financial year-end and the carried-forward funding must be spent on the specific project in the year to 31st March 2020.

Investments and short term deposits

Investments are re-valued each year to reflect the market value prevailing at the balance sheet date. Short term deposits are held by the charity so that in the event that direct funding is delayed, ongoing salary and overhead costs can be met.

Market value of freehold land and buildings

Hull and East Yorkshire Mind purchased Wellington House, 108 Beverley Road, Hull on 28 March 2014 for £540,000 being the open market valuation for the property. The property was revalued at £495,000 on 27 July 2017 by Lawrence Hannah Property Consultants on the basis that the rear of the property was demolished and residential planning consent obtained. As both conditions apply the Balance Sheet value has been impaired to £495,000 since 2017-18.

Hull and East Yorkshire Mind purchased 19 Welbury Grove, Hull on 31 March 2017 for £120,000 being the open market valuation for the property.

Hull and East Yorkshire Mind purchased 79 King's Bench Street, Hull (formerly known as 18 Cholmley Street, Hull) on 10 May 2017 for £59,000 being the open market valuation for the property and has spent a further £264,041 refurbishing the property (excluding grant funding), giving a net book valuation of £323,041.

Hull and East Yorkshire Mind purchased 51 Priory Grove, Hull on 25 October 2018 for £110,000 (plus fees of £3,998) being the open market valuation for the property.

Hull and East Yorkshire Mind (Registered number: 04936165)

Trustees Report

Year ended 31st March, 2019

Principal Funding Sources

We receive funding from contracts with local authorities (Hull City Council and East Riding of Yorkshire Council) to provide the Supported Housing services and Reach Out (Mental Health Promotions) services as detailed in the Achievements and Performance section.

We also manage, on behalf of the landlords, a number of the homes where we are supporting people. The costs of providing this housing management are paid for from tenant rental income.

Humber Teaching NHS Foundation Trust fund a number of projects providing significant income streams including therapeutic interventions for young people; social prescribing; short-term and step-down housing support.

We provide individual packages of support to help people in the East Riding (both in our managed homes and in the community), funded through their Personal Budgets. This method of supporting people has continued to grow over the past year and we aim to further expand that work.

Following our purchase of our Wellington House offices in March 2014 we now have a regular income stream from letting out some of the office space within this building. Our Mindworks training services for local organisations and businesses also provides a regular and growing income stream. In both cases we can use the income to support any of our services and help meet our objectives.

We thank all our supporters for their backing through gifts, donations and grants. We would be unable to meet our objectives and help as many people without your valuable support. In particular we thank the following for their support:

Humber Teaching NHS Foundation Trust
NHS Hull CCG
Big Lottery Fund
Kingston upon Hull City Council
Big Lottery Fund and ESF Building Better Opportunities Fund
Mind (the National Association for Mental Health)
Police and Crime Commissioner for Humberside
Department for Work and Pensions
The Henry Smith Charity
Garfield Weston Foundation
Postcode Community Trust, a grant-giving charity funded entirely by players of People's Postcode Lottery
Skills for Care
Groundwork UK

6 Plans for the Future

Hull and East Yorkshire Mind continues with the broad objectives established in its strategic plan for 2019-2022 with the ambition to help many more beneficiaries over the coming years. Of particular note it will be focussing on:

- Further development and expansion of its services for people from marginalised groups;
- Continued expansion of its housing provision, including the purchase of additional properties to add to its growing portfolio;
- Working with system partners across Humber Coast and Vale to improve access, effectiveness, quality and the sustainability of community mental health services;
- Developing new services to meet the needs of people living with long term, complex mental health problems.

Hull and East Yorkshire Mind (Registered number: 04936165) Trustees Report

Year ended 31st March, 2019

7 Auditors

Smalles Goldie offers themselves for reappointment as auditors at the next Annual General Meeting.

This report has been prepared in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.



N Smith
Chair
Wellington House
108 Beverley Road
Hull HU3 1YA

28 November 2019

Hull and East Yorkshire Mind

A company limited by guarantee

Independent Auditors Report to the Members of Hull and East Yorkshire Mind

Opinion

We have audited the group financial statements of Hull and East Yorkshire Mind (the 'parent charitable company') and its subsidiary (the 'group') for the year ended 31st March 2019 which comprises the Statement of Financial Activities, the Balance Sheets, the Cash Flow Statement and notes to the financial statements, including a summary of significant accounting policies. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (United Kingdom Generally Accepted Accounting Practice).

In our opinion the group financial statements:

- give a true and fair view of the state of the group's and parent charitable company's affairs as at 31st March 2019 and of the group's incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice applicable to smaller entities; and
- have been properly prepared in accordance with the Companies Act 2006, the Housing and Regeneration Act 2008 and the Accounting Direction for private registered providers of social housing in England 2015.

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors responsibilities for the audit of the group financial statements section of our report. We are independent of the group and parent charitable company in accordance with the ethical requirements that are relevant to our audit of the group financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the group's or parent charitable company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Other information

The trustees are responsible for the other information. The other information comprises the information included in the trustees' annual report, other than the financial statements and our auditor's report thereon. Our opinion on the financial statements does not cover the other information and, except to the extent otherwise explicitly stated in our report, we do not express any form of assurance conclusion thereon.

In connection with our audit of the financial statements, our responsibility is to read the other information and, in doing so, consider whether the other information is materially inconsistent with the financial statements or our knowledge obtained in the audit or otherwise appears to be materially misstated. If we identify such material inconsistencies or apparent material misstatements, we are required to determine whether there is a material misstatement in the financial statements or a material misstatement of the other information. If, based on the work we have performed, we conclude that there is a material misstatement of this other information, we are required to report that fact.

We have nothing to report in this regard.

Hull and East Yorkshire Mind

A company limited by guarantee

Independent Auditors Report to the Members of Hull and East Yorkshire Mind (continued)

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Matters on which we are required to report by exception

In the light of our knowledge and understanding of the group and parent charitable company and its environment obtained in the course of the audit, we have not identified material misstatements in the directors' report.

We have nothing to report in respect of the following matters in relation to which the Companies Act 2006 and the Charities Act 2011 requires us to report to you if, in our opinion:

- adequate accounting records have not been kept by the parent charitable company, or returns adequate for our audit have not been received from branches not visited by us; or
- the parent charitable company's financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of directors' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies' regime and take advantage of the small companies' exemption in preparing the directors' report.

Responsibilities of trustees

As explained more fully in the trustees' responsibilities statement set out on page 2, the trustees (who are also the directors of the charitable company for the purposes of company law) are responsible for the preparation of the financial statements and for being satisfied that they give a true and fair view, and for such internal control as the trustees determine is necessary to enable the preparation of financial statements that are free from material misstatement, whether due to fraud or error.

In preparing the financial statements, the trustees are responsible for assessing the group's and parent charitable company's ability to continue as a going concern, disclosing, as applicable, matters related to going concern and using the going concern basis of accounting unless the trustees either intend to liquidate the group or the parent charitable company or to cease operations, or have no realistic alternative but to do so.

Auditor's responsibilities for the audit of the financial statements

We have been appointed auditor under the Companies Act 2006 and section 151 of the Charities Act 2011 and report in accordance with those Acts.

Our objectives are to obtain reasonable assurance about whether the financial statements as a whole are free from material misstatement, whether due to fraud or error, and to issue an auditor's report that includes our opinion. Reasonable assurance is a high level of assurance, but is not a guarantee that an audit conducted in accordance with ISAs (UK) will always detect a material misstatement when it exists. Misstatements can arise from fraud or error and are considered material if, individually or in the aggregate, they could reasonably be expected to influence the economic decisions of users taken on the basis of these financial statements.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at: www.frc.org.uk/auditorsresponsibilities. This description forms part of our auditor's report.

In addition, we have nothing to report in respect of the following matter where the Housing and Regeneration Act 2008 requires us to report to you if, in our opinion:

- a satisfactory system of control over transactions has not been maintained.

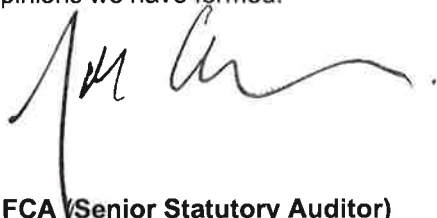
Hull and East Yorkshire Mind

A company limited by guarantee

Independent Auditors Report to the Members of Hull and East Yorkshire Mind (continued)

Use of our report

This report is made solely to the charitable company's trustees, as a body, in accordance with chapter 3 of Part 16 of the Companies Act 2006 and section 137 of the Housing and Regeneration Act 2008. Our audit work has been undertaken so that we might state to the charitable group company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the charitable company and the charitable company's association and the association's members and trustees as a body, for our audit work, for this report, or for the opinions we have formed.



James Sharpley FCA (Senior Statutory Auditor)

Smailes Goldie
Chartered Accountants
Registered Auditors
Regent's Court
Princess Street
East Yorkshire
Hull
HU2 8BA

28 November 2019

Hull and East Yorkshire Mind (Registered number: 04936165)

Consolidated Statement of Financial Activities

(incorporating an Income and Expenditure Account)

for the year ended 31st March 2019

	Note	Unrestricted funds £	Restricted funds £	Designated funds £	Total 2019 £	Total 2018 £
Incoming Resources						
Incoming resources from generated funds:						
Donations and gifts		113,364	1,322	-	114,686	139,403
Legacies		-	-	-	-	1,000
Investment income	5	29,551	-	-	29,551	48,696
Wellington Care income		413,879	-	-	413,879	10,427
Incoming resources from charitable activities:						
Grants receivable	3	-	609,958	-	609,958	516,017
Property income		285,614	-	-	285,614	256,832
Supported housing	6	508,149	-	-	508,149	640,432
Health services		703,207	-	-	703,207	489,190
Local Authority	4	217,237	85,489	-	302,726	186,180
Other income	5	196,238	-	-	196,238	165,929
Total incoming resources		2,467,239	696,769	-	3,164,008	2,454,106
Resources expended						
Raising funds		64,762	-	-	64,762	83,065
Charitable activities		2,227,192	725,436	-	2,952,628	2,191,030
Total resources expended	7	2,291,954	725,436	-	3,017,390	2,274,095
Net incoming/(outgoing) resources before transfers		175,285	(28,667)	-	146,618	180,011
Transfers between funds		(367,480)	70,618	296,862	-	-
Net (outgoing)/incoming resources		(192,195)	41,951	296,862	149,219	180,011
Other recognised gains/(losses)						
Amortisation of capital grant		-	-	(10,512)	(10,512)	(10,512)
Depreciation of fixed assets		-	-	(11,594)	(11,594)	(11,594)
Impairment of fixed assets		-	-	-	-	(45,000)
Gains/(Losses) on investment assets unrealised		(553)	-	-	(553)	53
Net movement in funds		(192,748)	41,951	274,756	123,959	112,958
Fund balances brought forward at 1st April 2018		351,448	117,988	1,226,607	1,696,043	1,583,085
Fund balances carried forward at 31st March 2019		158,700	159,939	1,501,363	1,820,002	1,696,043

For comparatives see note 26.

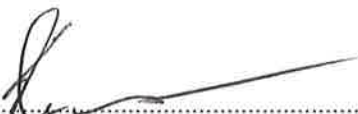
Hull and East Yorkshire Mind (Registered number: 04936165)

Consolidated Balance Sheet

at 31st March 2019

	Note	2019		2018	
		£	£	£	£
Fixed assets					
Tangible assets	11		1,327,202		685,327
Investment property	12		495,000		495,000
Investments	13		1,782		2,335
Current assets					
Debtors	14	424,865		312,847	
Short term deposits		169,131		703,235	
Cash at bank and in hand		6,642		60,407	
			<u>606,326</u>	<u>1,076,489</u>	
Creditors: amounts falling due within one year					
Creditors	15		<u>259,028</u>	<u>287,302</u>	
Net current assets			341,610		789,187
Creditors: amount falling due after one year					
Bank loans	16		<u>345,592</u>		<u>275,806</u>
Net assets			<u>1,820,002</u>		<u>1,696,043</u>
Income fund					
Unrestricted funds			158,700		351,448
Restricted funds	19		159,939		117,988
Designated funds	21		<u>1,501,363</u>		<u>1,226,607</u>
	22		<u>1,820,002</u>		<u>1,696,043</u>

The financial statements were approved by the Board of Trustees on 28 November 2019 and signed on its behalf by


 A. Denholm


 P. Archer

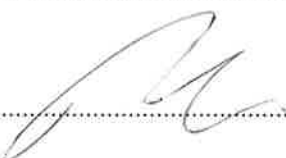
The annexed notes form part of these financial statements.

Hull and East Yorkshire Mind (Registered number: 04936165)
Charity Balance Sheet
at 31st March 2019

	Note	2019		2018	
		£	£	£	£
Fixed assets					
Tangible assets	11		1,327,202		685,327
Investment property	12		495,000		495,000
Investments	13		1,782		2,335
Current assets					
Debtors	14	392,385		329,306	
Short term deposits		169,131		703,235	
Cash at bank and in hand		17,648		60,654	
			<u>579,164</u>		<u>1,093,195</u>
Creditors: amounts falling due within one year					
Creditors	15		<u>231,828</u>		<u>284,222</u>
Net current assets			347,336		808,973
Creditors: amount falling due after one year					
Bank loans			345,592		275,806
Net assets			<u>1,825,728</u>		<u>1,715,829</u>
Income fund					
Unrestricted funds			164,426		371,234
Restricted funds			159,939		117,988
Designated funds			1,501,363		1,226,607
			<u>1,825,728</u>		<u>1,715,829</u>

The financial statements were approved by the Board of Trustees on 28 November 2019 and signed on its behalf by


A. Denholm


P. Archer

The annexed notes form part of these financial statements.

Hull and East Yorkshire Mind (Registered number: 04936165)

Statement of Cash Flows

at 31st March 2019

	Note	2019 £	2018 £
Cash flows from operating activities:			
Net cash provided by (used in) operating activities	28	26,460	34,076
Cash flows from investing activities:			
Dividends, interest and rents from investments		28,676	48,696
Purchase of property, plant and equipment		(704,322)	(346,219)
Net cash provided by (used in) investing activities		(675,646)	(297,523)
Cash flows from financing activities:			
Repayments of borrowing		(23,323)	(23,030)
Cash inflows from new borrowings		98,000	-
Net cash provided by (used in) financing activities		74,677	(23,030)
Change in cash and cash equivalents in the reporting period		(577,111)	(286,477)
Cash and cash equivalents at the beginning of the reporting period		763,642	1,050,119
Cash and cash equivalents at the end of the reporting period		186,531	763,642

Hull and East Yorkshire Mind (Registered number: 04936165)

Notes to the Financial Statements

year ended 31st March 2019

1. Accounting policies

(a) General information and basis of preparation

Hull and East Yorkshire Mind is a company limited by guarantee in the United Kingdom, a private registered provider of social housing in the United Kingdom. In the event of the association being wound up, the liability in respect of the guarantee is limited to £1 per member of the association. The address of the registered office is given in the association's information on page 11 of these financial statements. The nature of the association's operations and principal activities are stated in the trustees report.

The association constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with applicable accounting standards including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Statement of Recommended Practice for Social Housing Providers 2015 and with the Accounting Direction for private registered providers of social housing in England 2015. The financial statements are also prepared under the requirements of the Housing and Regeneration Act 2008 and the Companies Act 2006. The financial statements have been prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

The group financial statements consolidate the financial statements of the charitable company and its subsidiary undertaking, Wellington Care Limited, at 31st March 2019 using acquisition accounting.

(b) Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund.

(c) Income recognition

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

For donations and grants to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

Hull and East Yorkshire Mind (Registered number: 04936165)

Notes to the Financial Statements

year ended 31st March 2019

1. Accounting policies (continued)

(c) Income recognition (continued)

No amount is included in the financial statements for volunteer time in line with the SORP (FRS 102). Further detail is given in the Trustees' Annual Report.

Income from trading activities includes income earned from fundraising events and trading activities to raise funds for the charity. Income is received in exchange for supplying goods and services in order to raise funds and is recognised when entitlement has occurred.

The charity receives grants in respect of various activities. Income from government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred.

Investment income is earned through holding assets for investment purposes such as shares and property. It includes interest and rent. Where it is not practicable to identify investment management costs incurred within a scheme with reasonable accuracy the investment income is reported net of these costs. It is included when the amount can be measured reliably. Interest income is recognised using the effective interest method.

(d) Expenditure recognition

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as an expense against the activity for which expenditure arose.

(e) Support costs allocation

Support costs are those that assist the work of the charity but do not directly represent charitable activities and include office costs, governance costs, administrative payroll costs. They are incurred directly in support of expenditure on the objects of the charity and include project management carried out at Headquarters. Where support costs cannot be directly attributed to particular headings they have been allocated to cost of raising funds and expenditure on charitable activities on a basis consistent with use of the resources. Premises overheads have been allocated on a floor area percentage basis and other overheads have been allocated on a direct basis.

Fund-raising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities.

The analysis of these costs is included in note 7.

Hull and East Yorkshire Mind (Registered number: 04936165)

Notes to the Financial Statements

year ended 31st March 2019

1. Accounting policies (continued)

(f) Tangible fixed assets

Only expenditure over £1,000 is capital expenditure.

Tangible fixed assets are stated at cost (or deemed cost) or valuation less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

Depreciation is provided on all tangible fixed assets on a straight line basis, at rates calculated to write off the cost, less estimated residual value, of each asset on a systematic basis over its expected useful life as follows:

Head Office Development	6.67%
Office Equipment	5% - 20%
Fixtures and Fittings	5% and 20%
Computer Equipment	33.33%

(g) Investment property

Investment properties for which fair value can be measured reliably are measured at fair value at each reporting date with changes in fair value recognised in the Statement of Comprehensive Income.

(h) Investments

Investments are recognised initially at fair value which is normally the transaction price excluding transaction costs. Subsequently, they are measured at fair value with changes recognised in 'net gains / (losses) on investments' in the SoFA if the shares are publicly traded or their fair value can otherwise be measured reliably. Other investments are measured at cost less impairment.

(i) Debtors and creditors receivable / payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

(j) Loans and borrowings

Loans and borrowings are initially recognised at the transaction price including transaction costs. Subsequently, they are measured at amortised cost using the effective interest rate method, less impairment. If an arrangement constitutes a finance transaction it is measured at present value.

(k) Impairment

Assets not measured at fair value are reviewed for any indication that the asset may be impaired at each balance sheet date. If such indication exists, the recoverable amount of the asset, or the asset's cash generating unit, is estimated and compared to the carrying amount. Where the carrying amount exceeds its recoverable amount, an impairment loss is recognised in profit or loss unless the asset is carried at a revalued amount where the impairment loss is a revaluation decrease.

Hull and East Yorkshire Mind (Registered number: 04936165)

Notes to the Financial Statements

year ended 31st March 2019

1. Accounting policies (continued)

(l) Leases

Assets acquired under finance leases are capitalised and depreciated over the shorter of the lease term and the expected useful life of the asset. Minimum lease payments are apportioned between the finance charge and the reduction of the outstanding lease liability using the effective interest method. The related obligations, net of future finance charges, are included in creditors.

Rentals payable and receivable under operating leases are charged to the SoFA on a straight line basis over the period of the lease.

(m) Employee benefits

When employees have rendered service to the charity, short-term employee benefits to which the employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service.

The charity operates two schemes on a money purchase basis both of which are externally administered by Trustees. Contributions made are therefore charged against income when the contributions fall due.

(n) Operating leases

Rentals payable under operating leases are charged to the profit and loss account over the period of the lease on a straight line basis.

2. Taxation

Hull and East Yorkshire Mind is a U.K. registered charity, number 1101976. All the Charity's income is applied to its charitable objects and the Charity is, therefore, exempt under current legislation from most forms of taxation.

The charity is registered for VAT and can recover VAT on freehold property expenses. The cost of irrecoverable VAT incurred by the charity is included in the statement of financial activities.

Hull and East Yorkshire Mind (Registered number: 04936165)

Notes to the Financial Statements

year ended 31st March 2019

3. Grants receivable

	2019 £	2018 £
Grants were received from the following bodies during the year:		
Big Lottery Fund Grant	109,556	111,795
Health Services	157,000	157,000
Tudor Trust	-	12,575
Police and Crime Commissioner for Humberside	18,128	36,257
Help for Health	-	7,266
Rotary Club	-	1,009
Big Lottery Fund and ESF Building Better Opportunities Grant	120,625	63,106
Department for Work and Pensions	4,538	30,404
Autism East Midlands	-	6,000
Mind	128,391	42,628
People's Postcode Lottery	16,844	3,228
Skills for Care	4,200	2,150
The Henry Smith Charity	35,841	19,161
Garfield Weston Foundation	8,795	6,205
Co-op Community Fund	-	1,791
Hull and East Riding Charitable Trust	-	3,000
Joseph and Annie Cattle Trust	-	4,000
Carbon Trust	-	3,237
Hull Aid in Sickness Trust	540	1,705
Hull Jubilee Aid in Sickness Fund	1,500	1,500
Groundwork UK	3,000	-
Other grants	1,000	2,000
	<u>609,958</u>	<u>516,017</u>

4. Local authority

	2019 £	2018 £
East Riding of Yorkshire Council	162,079	162,840
Kingston upon Hull City Council	140,647	23,340
	<u>302,726</u>	<u>186,180</u>

5. Other income

	Rental income £	Bank interest £	Other income £	2019 £	2018 £
Ways2Wellbeing	-	-	-	-	297
Directorate and administration	21,930	6,746	13,259	41,935	61,959
Old Parcels Office, Bridlington	-	-	13,438	13,438	13,153
Kent Street, Grimsby	875	-	6,124	6,999	3,005
Hull Services	-	-	13,731	13,731	18,075
Humberside Police	-	-	20,800	20,800	26,000
Mindworks	-	-	125,641	125,641	90,769
St Anne's School	-	-	1,203	1,203	1,203
Supported House Hull	-	-	1,369	1,369	119
Supported Housing East Riding	-	-	673	673	45
	<u>22,805</u>	<u>6,746</u>	<u>196,238</u>	<u>225,789</u>	<u>214,625</u>

Hull and East Yorkshire Mind (Registered number: 04936165)

Notes to the Financial Statements

year ended 31st March 2019

6. Supporting people income

	2019 £	2018 £
Hull City Council	314,253	461,088
East Riding of Yorkshire Council	193,896	179,344
	<u>508,149</u>	<u>640,432</u>

Hull and East Yorkshire Mind (Registered number: 04936165)

Notes to the Financial Statements

year ended 31st March 2019

7. Total resources expended

Costs directly allocated to activities	Basis of allocation	Wellington Care Limited £	Community Projects £	Housing Services £	Employment and training projects £	Fund-raising £	2019 Total £	2018 Total £
Staff costs	Direct	378,221	636,591	605,943	219,267	43,637	1,883,659	1,168,901
Recruitment	Direct	-	-	-	-	-	-	1,488
Travel	Direct	-	32,485	28,463	13,240	702	74,890	74,287
Beneficiary training	Direct	-	19,376	446	4,255	-	24,077	23,859
Other direct costs	Direct	15,264	169,080	126,657	50,629	5,626	367,253	369,755
Housing services	Direct	-	-	133,762	-	-	133,762	128,475
Volunteer expenses	Direct	-	2,104	319	2,855	102	5,380	6,913
Support costs allocated to activities								
Premises	Floor Area	4,542	57,641	23,408	19,129	-	104,720	116,769
Communication	Direct	1,192	4,865	7,134	1,945	442	15,578	18,653
Administration and finance	Income	-	120,450	144,635	54,896	11,597	331,578	294,251
Governance costs	Income	600	27,337	33,327	12,573	2,656	76,493	70,744
Total		399,819	1,069,929	1,104,094	378,789	64,759	3,017,390	2,274,095

Hull and East Yorkshire Mind (Registered number: 04936165)

Notes to the Financial Statements

year ended 31st March 2019

8. Surplus of income over expenditure	2019	2018
	£	£
Surplus of income over expenditure for the financial year is stated after charging:		
Depreciation	9,911	7,519
Auditors' remuneration	6,145	6,000
Operating lease rentals	54,617	954
	<u> </u>	<u> </u>
9. Employee emoluments	2019	2018
	£	£
Gross	1,905,906	1,239,460
National Insurance	142,731	94,317
Pension	39,341	26,367
	<u> </u>	<u> </u>
Total emoluments	<u>2,087,978</u>	<u>1,360,144</u>
Average number of full time employees	<u>92</u>	<u>64</u>

No employee's received total employee benefits (excluding employer pension costs) of more than £60,000 (2018: 1)

10. Trustees' and key management personnel remuneration and expenses

The trustees were not entitled to and received no remuneration from the Charity during the year. There were, however, reimbursed expenses incurred, which totalled £910 (2018 £1,357). The expenses related to travel for relevant meetings and training days for three trustees.

Hull and East Yorkshire Mind (Registered number: 04936165)
Notes to the Financial Statements
year ended 31st March 2019

11. Tangible fixed assets	Fixtures and fittings £	Office equipment £	IT equipment £	Office development £	Head OPO Development £	Welbury Grove £	Wellington Court £	Cholmley Street £	Priory Grove £	Total £
Cost or valuation:										
At 1st April 2018	17,137	2,642	27,276	183,111	220,916	120,000	210,738	122,634	-	904,454
Additions	-	-	-	-	-	-	360,459	200,407	113,998	674,864
Disposals	-	-	-	-	-	-	-	-	-	-
At 31st March 2019	17,137	2,642	27,276	183,111	220,916	120,000	571,197	323,041	113,998	1,579,318
Depreciation:										
At 1st April 2018	14,188	2,642	22,331	44,132	131,034	4,800	-	-	-	219,127
Charge for year	1,555	-	2,036	12,040	11,038	4,800	-	-	1,520	32,989
Eliminated on disposals	-	-	-	-	-	-	-	-	-	-
At 31st March 2018	15,743	2,642	24,367	56,172	142,072	9,600	-	-	-	252,116
Net book value:										
At 31st March 2019	1,394	-	2,909	126,939	78,844	110,400	571,197	323,041	112,478	1,327,202
At 31st March 2018	2,949	-	4,945	138,979	89,882	115,200	210,738	122,634	-	685,327

Hull and East Yorkshire Mind (Registered number: 04936165)
Notes to the Financial Statements
year ended 31st March 2019

11. Tangible fixed assets (continued)

The net book value at 31st March 2019 represents fixed assets used for:

	Fixtures and fittings £	Office equipment £	IT equipment £	Head Office development £	OPO Development £	Welbury Grove £	Wellington Court £	Cholmley Street £	Priory Grove £	Total £
Direct charitable purposes:										
Provision of services	1,394	-	2,909	95,839	78,844	110,400	571,197	323,041	112,478	1,296,102
Other purposes:										
Management and administration of the charity	-	-	-	31,100	-	-	-	-	-	31,100
	<u>1,394</u>	<u>-</u>	<u>2,909</u>	<u>126,939</u>	<u>78,844</u>	<u>110,400</u>	<u>571,197</u>	<u>323,041</u>	<u>112,478</u>	<u>1,327,202</u>

Hull and East Yorkshire Mind (Registered number: 04936165)

Notes to the Financial Statements

year ended 31st March 2019

12. Investment Property

Group and Charity

Cost of valuation:

	£
At 1st April 2018	495,000
Additions	-
Disposals	-
Impairment	-

At 31st March 2019	<u>495,000</u>
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Depreciation:

At 1st April 2018	-
Charge for year	-
Eliminated on disposal	-

At 31st March 2019	<u>-</u>
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Net book value:

At 31st March 2019	<u>495,000</u>
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At 31st March 2018	<u>495,000</u>
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The investment property has an element of charitable use. The value of the charitable use cannot be reliably measured without undue cost and effort and as a result all the property is classed as investment. Due to a high residual value the property is not depreciated but is regularly subject to impairment reviews.

13. Investment

	2019 £	2018 £
Kingston Communications (Hull) plc shares		
Fair value at 1st April 2018	2,335	2,282
Additions	-	-
Disposals	-	-
Unrealised increase in value for the year	(553)	53

Fair value at 31st March 2019	<u>1,782</u>	<u>2,335</u>
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Historical cost at 31st March 2019	<u>7,556</u>	<u>7,556</u>
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Analysis of investments

UK Equities	<u>1,782</u>	<u>2,335</u>
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The investments are listed on a recognised stock exchange.

CHARITY

Investment in subsidiary

	2019 £	2018 £
Wellington Care Limited	<u>1</u>	<u>1</u>

Hull and East Yorkshire Mind (Registered number: 04936165)

Notes to the Financial Statements

year ended 31st March 2019

13. Investment (continued)

The investment in subsidiary represents 100% of the issued share capital of Wellington Care Limited, a trading subsidiary which is registered in England and Wales.

At 31 March 2019 the subsidiary had aggregate capital and reserves of negative £5,725 and made a profit for the year of £14,061.

	2019 Group £	2019 Charity £	2018 Group £	2018 Charity £
14. Debtors				
Trade debtors	394,283	339,280	293,294	285,426
Prepayments	30,582	28,105	13,426	12,753
VAT	-	-	6,127	6,127
Inter-company	-	25,000	-	25,000
	<u>424,865</u>	<u>392,385</u>	<u>312,847</u>	<u>329,306</u>

	2019 Group £	2019 Charity £	2018 Group £	2018 Charity £
15. Creditors: amounts falling due within one year				
Trade creditors	119,098	114,504	116,170	116,170
Accruals	45,913	23,918	66,382	63,818
Payroll creditors	2,782	2,171	100	100
VAT	399	399	-	-
Deferred income	63,014	63,014	81,719	81,203
Bank loans	27,822	27,822	22,931	22,931
	<u>259,028</u>	<u>231,828</u>	<u>287,302</u>	<u>284,222</u>

A bank loan totalling £373,413 (2018 £298,737) is secured on the property at 108 Beverley Road, Hull.

The bank loan terms of repayment are 179 monthly instalments of £2,720.97 and interest is payable at 2.85% over base rate on the principal amount.

	2019 £	2018 £
16. Creditors: amounts falling due after more than one year		
Group and Charity		
Bank loans	<u>345,592</u>	<u>275,806</u>

The Bank loan includes aggregate amounts of £223,899 (2018 £176,375) which fall due after five years.

Hull and East Yorkshire Mind (Registered number: 04936165)

Notes to the Financial Statements

year ended 31st March, 2019

17. Operating leases

Anticipated payments under operating leases for the year ended 31st March 2019 in respect of commitments that expire:

	2019 £	2018 £
Group and Charity		
Within one year	96,449	16,143
In one to two years	54,303	16,143
Over five years	5,401	12,326
	<u>156,153</u>	<u>44,612</u>

18. Legislative provisions

The Charity is regulated by the Charities Act 2011 and the Companies Act 2006.

19. Restricted funds

	Balance at 1st April 2018 £	Movement in funds			Balance at 31st March 2019 £
		Incoming Resources £	Expended Resources £	Transfers £	
Young Person's Project	10,875	44,636	55,511	-	-
Volunteer projects	-	1,500	1,500	-	-
Prison Mentoring Project	48,258	18,128	12,787	(53,599)	-
Moving Forward Big Lottery Fund Grant	44,483	109,556	88,718	-	65,322
Supported Housing	-	158,340	293,529	135,189	-
Big Lottery Fund and ESF Building Better Opportunities Grant	(3,725)	120,625	116,900	-	-
Long Term Conditions	15,016	-	29	(14,987)	-
Journey to Employment (J2E) Job Club Grant	(3,162)	4,538	5,391	4,015	-
NEL Mind	5,507	-	5,507	-	-
People's Postcode Lottery Grant	736	16,844	12,149	-	5,431
Skills for Care Grant	-	4,200	4,200	-	-
Self Harm Train the Trainer Training	-	3,000	3,000	-	-
Right to Buy Capital Grant	-	77,967	77,967	-	-
Time to Change Conference Grant	-	7,522	1,559	-	5,963
Mind national funded projects	-	128,391	46,490	-	81,901
Groups and information service	-	200	200	-	-
Men's Suicide campaign	-	1,322	-	-	1,322
	<u>117,988</u>	<u>696,769</u>	<u>725,436</u>	<u>70,618</u>	<u>159,939</u>

20. Moving Forward Funding

Of the incoming and expended resources attributable to grant funding the following movements were seen during 2018/2019:

	Balance at 1st April 2018 £	Movement in funds			Balance at 31st March 2019 £
		Incoming resources £	Expended Resources £	Transfers £	
Big Lottery Fund Grant (Project ID: 0010262109)	44,483	109,556	88,718	-	65,322

Hull and East Yorkshire Mind (Registered number: 04936165)

Notes to the Financial Statements

year ended 31st March 2019

21. Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the Trustees for specific purposes:

	Balance at 1st April 2018 £	New designations £	Utilised/ released £	Balance at 31st March 2019 £
Head Office improvements	130,033	-	11,594	118,439
Investment Property – Wellington House	196,263	22,580	97,257	121,586
Fixed Assets – Land and Buildings	419,114	704,322	6,320	1,117,116
Fixed Assets – Other	19,284	-	4,563	14,721
Refurbishment Reserve	52,575	-	-	52,575
Development of new services	321,900	-	321,900	-
Old Parcels Office Development	87,438	-	10,512	76,926
	<u>1,226,607</u>	<u>726,902</u>	<u>452,146</u>	<u>1,501,363</u>

22. Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Designated Funds £	Total 2019 £	Total 2018 £
Fund balances at 31st March 2019 are represented by					
Tangible fixed assets	-	-	1,822,202	1,822,202	1,180,327
Investments	1,782	-	-	1,782	2,335
Current assets	773,426	153,739	(320,839)	606,326	1,076,489
Current liabilities	(610,308)	-	-	(610,308)	(563,108)
	<u>164,900</u>	<u>153,739</u>	<u>1,501,363</u>	<u>1,820,002</u>	<u>1,696,043</u>

23. Indemnity insurance

The Charity paid £3,462 (2018 £3,425) during the year to indemnify the trustees against the consequences of any neglect or default on their part.

24. Pensions

The Charity operates a defined contribution scheme. The amount charged to the Statement of Financial Activities in the year to 31 March 2019 was £32,460 (2018 £26,367).

25. Related parties

Information about related party transactions and outstanding balances is outlined below:

Hull and East Yorkshire Mind (Registered number: 04936165)

Notes to the Financial Statements

year ended 31st March 2019

25. Related parties (continued)

Mr M Gill is a trustee of Hull and East Yorkshire Mind. During the year Hull and East Yorkshire Mind purchased training services from Mr Gill to the value of £7,625 (2018 £3,000) under normal commercial terms.

Mrs V Walker was a trustee of Hull and East Yorkshire Mind. During the year Hull and East Yorkshire Mind purchased training services from Mrs V Walker to the value of £2,243 (2018 £Nil) under normal commercial terms.

26. SOFA Prior year comparatives

	Unrestricted Funds £	Restricted Funds £	Designated Funds £	Total £
Incoming Resources from generated funds				
Voluntary income:				
Donations and gifts	80,051	59,352	-	139,403
Legacies	1,000	-	-	1,000
Activities for generating funds:				
Investment income	48,696	-	-	88,066
Wellington Care income	10,427	-	-	10,427
Incoming Resources from charitable activities				
Grants receivable	-	516,017	-	516,017
Property income	256,832	-	-	256,832
Supported housing	640,432	-	-	640,432
Local authority	186,180	-	-	186,180
Health Services	489,190	-	-	489,190
Other income	165,929	-	-	165,929
Total Incoming Resources	1,878,737	575,369	-	2,454,106
Resources Expended				
Fundraising and publicity	83,065	-	-	83,065
Charitable Activities	1,398,448	792,582	-	2,191,030
Total resources expended	1,481,513	792,582	-	2,274,095
Net incoming/(outgoing) resources before transfers	397,224	(217,213)	-	180,011
Transfers between funds	(389,035)	277,556	111,479	-
Net incoming/(outgoing) resources	8,189	60,343	111,479	180,011
Amortisation of Capital Grant	-	-	(10,512)	(10,512)
Depreciation of fixed assets	-	-	(11,594)	(11,594)
Impairment of fixed assets	(45,000)	-	-	(45,000)
(Losses)/gains on investment assets unrealised	53	-	-	53
Net movement in funds	(36,758)	60,343	89,373	112,958
Funds balance brought forward at 1st April 2017	388,206	57,645	901,310	1,583,085
Fund balances carried forward at 31 March 2018	351,448	117,988	1,226,607	1,696,043

Hull and East Yorkshire Mind (Registered number: 04936165)

Notes to the Financial Statements

year ended 31st March 2019

27. Employee benefits for key management personnel (SMT and Trustees)		
	2019	2018
	£	£
Net employee benefits – key management personnel	91,741	104,049
	<u> </u>	<u> </u>
28. Reconciliation of net income/(expenditure) to net cash flow from operating activities		
	2019	2018
	£	£
Net income/(expenditure) for the reporting period (as per the statement of financial activities)	123,959	112,958
Adjusted for:		
Depreciation charges	32,989	29,625
Impairment	-	45,000
Gains/losses on investments	553	(53)
Dividends, interest and rents from investments	(29,551)	(48,696)
(Increase)/decrease in debtors	(63,079)	(152,491)
Increase/(decrease) in creditors	(38,411)	47,733
	<u> </u>	<u> </u>
Net cash provided by/(used in) Operating Activities	26,460	34,076
	<u> </u>	<u> </u>
	2019	2018
	£	£
29. Analysis of cash and cash equivalents		
Cash in hand and at bank	17,648	60,407
Notice deposits (less than 3 months)	169,131	703,235
	<u> </u>	<u> </u>
Total cash and cash equivalents	186,779	763,642
	<u> </u>	<u> </u>
	2019	2018
	£	£
30. Capital commitments		
Contracted but not provided for in the financial statements	-	37,163
	<u> </u>	<u> </u>
31. Net incoming resources of parent company		

As permitted by Section 408 of the Companies Act 2006, the Statement of Financial Activities of the parent charity is not presented as part of these financial statements. The parent charity's net incoming resources for the year ended 31st March 2019 totalled £2,750,129 (2018 £2,443,679).

