

# Tea and Talk Cake Flags

You're a great friend

You have a nice laugh

I like your style

You are perfect to me

I value your opinion

I'm grateful to know you

I am proud of you

You light up the room

You are courageous

I like your humour

You are strong

You inspire me

You are really kind

You're amazing

Thank you for being you

You are the best

Tea & Talk  
For better mental health

Have a natter.  
Raise Money.  
Change Lives.