



Smailes Goldie
Chartered Accountants

Hull & East Yorkshire MIND

A company limited by guarantee

Financial Statements

31st March 2018

Hull and East Yorkshire Mind

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Hull and East Yorkshire Mind (Registered number: 04936165)

Trustees Report

Year ended 31st March, 2018

Reference and administrative details

Registered Name: Hull and East Yorkshire Mind

Charity Number: 1101976

Company Number: 04936165

Registered Social Housing Provider Number: 4828

Address of Principal Office: Wellington House, 108 Beverley Road, Hull, HU3 1YA

Trustees during the period (up to the date this report was approved):

A. Denholm	-	Honorary Treasurer
N. Smith		
V. Walker		
J. Oraka		
N. Stewart	-	Vice Chair
P. Archer	-	Chair
D. Kitney		
A. Mason		
S. Wakefield (appointed 17/05/17)		
P. Wheatley (appointed 17/05/17)		
S. Delaney (resigned 15/11/17)		
M. Gill (resigned 07/06/18)		

Senior staff to whom day-to-day management of the charity is delegated:

D. Smith	-	Chief Executive Officer
E. Dallimore	-	Operations Director
J. White	-	Finance Director

The names and addresses of advisors:

Bankers: Natwest Bank
34 King Edward Street
Hull
HU1 3SS

Auditors: Smailes Goldie
Regent's Court
Princess Street
Hull
HU2 8BA

Solicitors: Rollits
Citadel House
58 High Street
Hull
HU1 1QE

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Trustees Report

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1 Trustees responsibilities

The trustees (who are also directors of Hull and East Yorkshire Mind for the purposes of company law) are responsible for preparing the Trustees' Annual Report and the financial statements in accordance with applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice).

Registered social housing legislation requires the trustees to prepare financial statements for each financial year, which give a true and fair view of the state of affairs of the charitable company and of the incoming resources and application of resources, including the income and expenditure, of the charitable company for that period. In preparing these financial statements, the trustees are required to:

- select suitable accounting policies and then apply them consistently;
- make judgements and estimates that are reasonable and prudent;
- state whether applicable UK Accounting Standards have been followed, subject to any material departures disclosed and explained in the financial statements;
- prepare the financial statements on the going concern basis unless it is inappropriate to presume that the charitable company will continue in operation.

The trustees are responsible for keeping adequate accounting records that disclose with reasonable accuracy at any time the financial position of the charitable company and enable them to ensure that the financial statements comply with the Companies Act 2006, the Housing and Regeneration Act 2008 and the Accounting Direction for private registered providers of social housing in England 2015. They are also responsible for safeguarding the assets of the charitable company and hence for taking reasonable steps for the prevention and detection of fraud and other irregularities.

Insofar as the trustees are aware:

- there is no relevant audit information of which the company's auditor is unaware; and
- the trustees have taken all steps that they ought to have taken to make themselves aware of any relevant audit information and to establish that the auditor is aware of that information.

The trustees have responsibility to ensure that the Charity is properly funded by direct grant or other means. The Charity is not allowed to be insolvent and is subject to annual audit by independent auditors.

In the event of a winding up of the Charity any surplus funds must be applied to any such charitable purposes in connection with the preservation and safeguarding of mental health and the relief of persons suffering from mental health problems.

2 Structure, governance and management

Hull and East Yorkshire Mind is an incorporated Charity limited by guarantee (Company No. 4936165) governed by the Articles and Working Rules. It is a local Charity affiliated to National Mind and a Registered Charity (Registration number 1101976). It is a Registered Social Housing Provider (Registration number 4828).

The Articles and Working Rules set out various categories of membership and full members shall be entitled to vote at all general meetings of the Charity.

We serve, but not exclusively, the area covered by the Kingston upon Hull and the East Riding of Yorkshire Councils being Unitary Authorities. From April 2017 we have taken over the work of Grimsby, Cleethorpes and District Mind to extend our services into the area covered by North East Lincolnshire Council. We are also developing services to be delivered nationwide.

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Organisational structure and decision making

The Charity has an Executive Committee of up to 12 Trustees, who also comprise the directors of the company. The trustees meet up to 11 times a year including strategic planning days. From the committee of trustees are elected 3 Appointed Officers of Chair, Vice Chair and Honorary Treasurer. Trustees are either elected at the Annual General Meeting or co-opted. The Trustees may also delegate powers to sub-committees containing at least 2 from their number to look at specific matters and advise. Currently there are 3 sub-committees responsible for Business Development; Finance, HR and Risk; and Governance and Performance.

Day to day management of the Charity is delegated to a Chief Executive Officer (CEO), responsible to the Executive Committee. The CEO leads and is supported by a senior management team comprising 2 other senior managers with overall responsibility for Finance and IT, Human Resources and Training, Operations, Health and Safety, and Protection of Vulnerable Adults. The CEO is responsible for implementing the policy and strategy adopted by the Executive Committee in line with approved budgets and advising on such policies and strategies. The CEO and senior management team must report regularly to the trustees on activities undertaken and provide regular management accounts to explain the financial position of the Charity.

Recruitment and training of trustees

The Trustees aim to maintain within the Executive Committee a wide breadth of experience both from within the voluntary sector as well as from the local business community and be representative of the people we serve and the diverse minorities within it. Trustees are elected from the membership following a formal nomination or recruited by advertising vacancies and personal approaches. Training is delivered in the first instance through the use of an induction pack and a process of support by other trustees. Specific training needs of trustees are also identified and training provided by a full range of methods both in house and external.

Board performance evaluation

During the year, as part of its commitment to good governance, the Board undertook an annual review of its performance, the performance of the Chair and individual charitable directors.

The evaluation of the performance of the individual charitable directors was undertaken by the Chair using a self-assessment questionnaire and confidential interview. During the evaluation the Chair discussed with each member their contribution and the time spent by them in performing their responsibilities. The Chair's evaluation was undertaken by a senior member of an external charitable organisation with input from the individual charitable directors.

Based on the overall performance evaluation the Board concludes that they have been operating effectively and the results have been very positive as they continue to demonstrate commitment to their roles.

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Policy on benchmarking and setting remuneration of key management personnel

The goal of HEY Mind's pay policy is to offer fair pay to attract and keep appropriately qualified staff to lead, manage, support and deliver the charity's aims. The Board of Trustees sets pay in a manner that is consistent with this goal and recognises that it's possible to attract senior executives with lower pay than public or private sector market rates.

HEY Mind Trustees are responsible for setting remuneration levels for the charity's most senior staff. These senior staff are clearly identified by the trustees and currently consist of the Chief Executive and Senior Management Team.

To set appropriate pay and rewards for these staff requires making informed judgments and following the charity's governance and constitutional arrangements.

In deciding top levels of pay and rewards, trustees will consider:

- a) the purposes, aims and values of the charity, and its beneficiaries' needs
- b) how this affects pay policy for all employees, and for the senior staff in particular, including whether a lower rate of pay compared to similar roles in other sectors is appropriate
- c) how pay is linked to the skills, experiences and competencies that the charity needs from its senior staff and the scope of their roles
- d) the charity's current business plan and how implementing it may affect the number of senior staff the charity needs to employ or recruit, and the nature of these roles
- e) the charity's ability to pay, including:
 - i. the benefit to the charity that such positions will bring
 - ii. the cost to the charity of increasing remuneration levels
 - iii. how increasing pay, particularly at senior levels, would be perceived by employees, donors and beneficiaries
 - iv. whether it's affordable, including in the longer term (perhaps based on a risk assessment of future income and expenditure)
 - v. the appropriateness of the pay in the context of the charity and its beneficiaries' needs
 - vi. their assessment of the charity's and senior staff's performance against expectations, both short and long term
- f) information on pay policies and practices in other organisations that could help guide a decision on whether a level of pay is fair
- g) the wider 'employment offer' they can make to potential employees, where pay is one part of a package that includes personal development, personal fulfilment and association with the charity's cause
- h) the charity's track record in attracting and retaining committed and motivated employees
- i) the likely impact on, and views of, beneficiaries, donors, funders, and current and potential volunteers
- j) the relationship between policy and practice for pay of senior staff and that of the charity's whole workforce

Risk Management

Risk is identified in a number of ways through our Health and Safety Committee, strategic and business planning, financial reporting, recommended practise and legislation. This is managed through policy development and training. A risk register in the form of policy development and review has been created from which policy is made and a training programme implemented. The training programme is monitored for each individual member of staff, volunteer, and trustee and reported to the Executive Committee of trustees.

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Related Parties

On the payment of an annual levy to National Mind the Charity shall remain affiliated and can participate in the affairs of National Mind to such a degree and through such representation that may be determined by us and National Mind.

The Charity is guided by both local and national policy and strategy where this is complementary to our objectives. Equally we will participate in joint working with other national and local organisations, such as National Mind, in the pursuit of our objectives.

3 Objectives and Activities

The Charity's objects ("the Objects") are:

- (a) the preservation of mental health and mental and emotional well-being within the whole community by:
 - (i) the advancement of education; and
 - (ii) the provision of facilities and services for social welfare, personal development, recreation and social inclusion, being non-party in politics and non-sectarian in relation, without distinction of race, gender or sexuality
- (b) Assist in relieving and rehabilitating vulnerable persons of all description and ages and from all walks of life who are:
 - (i) Suffering from mental health disorders; or
 - (ii) Suffering from anxiety or emotional or mental distress; or
 - (iii) developing or are at risk of developing mental health disorders or anxiety or emotional or behavioural problems for any reason whatsoever including, but not limited to alcoholism, substance addictions, their age, bereavement or loss, conditions of life, disability, homelessness, exclusion from school, college, university or society, financial hardship, physical condition or illness, personal circumstances, redundancy, unemployment

by the provision of advice, assistance, counselling, guidance, treatment or any facilities or services calculated to improve their mental health, emotional well-being and conditions of life
- (c) to carry on for the benefit of the community the business of providing social housing and any associated amenities for persons in necessitous circumstances upon terms appropriate to their means
- (d) educate and disseminate information in matters relating to mental health and emotional well-being and the preservation and maintenance of mental health and emotional well-being to the public at large and to the carers, colleagues, families and friends of vulnerable persons suffering from mental health disorders and/or emotional or mental distress or who are developing or are at risk of developing mental health disorders and/or emotional or behavioural problems for any reason.

The trustees confirm that they have complied with the duty in section 17(5) of the Charities Act 2011 with regard to the Charities Commission guidance on public benefit when reviewing the charity's aims and objectives and planning future activities. Having regard to the activities and achievements of the charity the Trustees are of the opinion that it has fulfilled its charitable purpose.

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Our **Vision** is that we won't give up until everyone experiencing a mental health problem gets both support and respect.

Our **Mission** is to intervene early to improve wellbeing and provide advice and support to empower anyone experiencing a mental health problem. We campaign locally working with our partners to improve services and reduce stigma and discrimination.

We will achieve our mission through the delivery of four strategic aims

Aim 1: Changing People's Lives

To enable individuals to make informed decisions that support them to achieve their personal goals
To reduce reliance on mental health services and promote independent living
To enable individuals to move into mainstream employment, volunteering and learning

Aim 2: Changing Opinions

To influence policy makers to ensure mental health is a higher priority
To support individuals to ensure their voice is heard and they are able to influence the way services are provided
To ensure the general public has a better understanding of mental ill-health and how it can affect people

Aim 3: Helping More People

To develop new services for children, diverse communities, families, carers and older people
To develop additional housing provision
To develop a programme we offer to employers to support their employees
To extend our reach geographically to fill gaps in current provision

Aim 4: Organisational Excellence

To continually evaluate our work and develop methods to benchmark ourselves against other providers
To ensure our governance is robust and effective
To ensure the team has the capacity to deliver quality and growth
To increase our non-statutory income

Our Values

We believe in providing care for people who come to us. We will accept them as individuals and respect their beliefs, needs and wishes. We will provide a happy and empowering environment in which to encourage recovery, well-being and progression. We will deliver our work in an organisation that is professional and accountable with an enterprising and sustainable business model.

Volunteering

At the end of this reporting period, 133 volunteers were recruited, trained and providing their time and expertise to support our work. Volunteers at HEY Mind now fulfil a variety of roles and are an integral part of the services we offer. Examples of the roles now available are group support, prison mentoring, training support, finance and administration, information services, fundraising events and student placements. Volunteers provided the equivalent of 3,919 hours contribution to our services in this reporting period (estimated value of £31k per annum).

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4 Achievements and Performance

Housing Services

Since becoming a Registered Social Landlord in 2016 we have continued to expand our housing stock. During the year we purchased a property which is currently being renovated to provide four individual self-contained flats for people leaving our short-term accommodation. We currently provide 76 supported housing placements across Hull and the East Riding of Yorkshire and are set to increase this to 105 by the end of 2018. We also provided support to people within their own tenancies enabling them to continue to live independently in the community.

Our occupancy rate for the year 2017/18 was 89% (vs. a target of 90%) and 97% of people who moved on from our services are now living more independently (vs. a target of 95%).

Our supported houses are designed to be enabling environments and are typically set-up as shared houses with communal facilities. In addition, we also manage self-contained accommodation, with one of the projects offering female-only accommodation and another 24/7 project for young people experiencing complex mental health difficulties.

One of our development aims was to secure the provision of step down accommodation for people leaving hospital. For most of 2017-18 we delivered this on a spot purchase basis. However in January 2018 this was formalised to provide emergency accommodation for individuals across Hull and the East Riding who are medically fit for discharge but who have few accommodation options. The service aim is to support people into longer term safe accommodation within a 4 week timescale and we are achieving those timescales.

We have been working in partnership with both Hull and East Riding of Yorkshire councils to develop new innovative approaches to housing provision. These look set to develop during 2018. In the East Riding we are working in partnership with the local authority to deliver the first pilot of Housing First in our region; in Hull we are working closely with the local authority to develop the Spare to Share scheme providing affordable shared accommodation for single person households, under the age of 35. This approach will also offer low level vocational and tenancy support to enable people to move on into work and gain independent sustainable accommodation.

Trustees Report

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Community Services

Community Services includes the Reach Out Project, Moving Forward, Community Personal Budgets, Ways to Well Being, Action Towards Inclusion and the Bereavement Service.

Reach Out

The East Riding Mental Health Promotions contract which operates under the title of the 'Reach Out Project' is funded primarily by East Riding of Yorkshire Council. The Reach Out Project is an open-access service promoting mental health and well-being through one-to-one self-development, telephone information and guidance, psycho-social courses and groups. We also challenge stigmas by attending prompting themed mental health events throughout the year. This support is available to the residents of the East Riding of Yorkshire aged 16 and above. The project supports East Riding residents across all 6 Care Delivery localities across the East Riding.

The project team aims to support people to take control of their own lives and move forward to increase their confidence and achieve agreed goals by offering thorough assessment and support planning with the aim of promoting social inclusion and recovery. People access 1to1 support or engage in group workshops and activities. They undertake an assessment which includes using the Mental Health Recovery Star assessment tool.

This year we have achieved the following outcomes:

82% of people who have accessed have improved in their ability to manage their mental health.

70% of people who have accessed report improved social networks since accessing support.

82% of people have reported positive impact to identity and self-esteem.

74% of people experience improved trust and hope.

83% of people who accessed the Reach Out Service achieved their personal goals identified at the start of support.

The Reach Out Project engaged with the following people during the reporting period 2017-18:

55 people have accessed self-help through Reading Well or cCBT;

429 people accessed the project over the year.

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Moving Forward

The Moving Forward Vocational Support Project (funded by a Big Lottery Fund Grant) supported people across Hull and the East Riding of Yorkshire to feel able to stay at work, return to work or feel able to seek work. Specialist Vocational Support Workers supported clients to identify their personal targets and goals and complete person-centred vocational activity. One to one support was offered, group-work and courses. There was also the opportunity for clients to be supported in work tasters, placements and volunteering.

So far we have had the following outcomes:

262 people actively engaging in support across Hull and the East Riding
47 people have moved into employment
89 people moved into Volunteering
86 moved into Education and Training
95% of people who access this service show improved ability to manage mental health.

Community Personal Budgets

The East Riding team support a number of individuals in their own homes that have been allocated a personal budget to meet their support needs. The staff team work closely with Mental Health Teams and Social Workers to provide a bespoke service supporting individuals to develop their skills to become as independent as possible whether to full recovery or living with a mental health illness or problem. Examples of support include shopping (planning and organising), money management, social events and activities including swimming, garden centres, and meals out in the community.

We currently work with 41 people in the East Riding totalling 465 contracted delivery hours per month.

61% of people who have received support from us via a personal budget have improved in their ability to manage their mental health since working with a Mind staff member.

Hull Peer Support Service

The Ways2Wellbeing Project provides support for adults in Hull with mental health issues, there are a wide variety of groups that people can utilise. Over the course of the year 305 people attended the service.

Activities are informed by the people who attend, with regular group meetings to empower members to have ownership and to feel a part of something. Sessions have a variety of structured therapeutic themes that are delivered by a staff member and developed to enable recovery and build confidence. In addition we offer a Peer support group, Arts Group and a walking group.

Membership to group activity is time scaled as part of an individualised support plan to ensure that members are heading in a direction that's good for them. Social inclusion is an important element of membership and people who attend activities are also encouraged to meet outside of the group. This allows them to develop friendships and a sense of connectedness.

75% of people who have accessed have improved in their ability to manage their mental health.
70% of people who have accessed report improved social networks since accessing support.
80% of people have reported positive impact to identity and self-esteem.

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Action Towards Inclusion

Hull and East Yorkshire Mind is one of the partnership organisations that is working on Action Towards Inclusion offering Keyworker and Specialist Intervention support throughout East Riding. Participants may have numerous complex barriers into employment and can be experiencing difficulties relating to health, social exclusion, poverty and lack of employability skills.

As part of Action Towards Inclusion the Keyworkers aim to identify the specific needs of the participant and how best they can support them to reach their aspirations and goals. They deliver one-to-one support, mentoring, employability training, volunteer opportunities, work placements and sign posting for additional support.

As a Specialist Intervention Provider Hull and East Yorkshire Mind provide therapy/counselling and volunteering interventions to help participants develop their skills and confidence. Based on the participants needs the counselling service is tailored to the participant by incorporating different counselling approaches.

We have supported 36 people thus far against a target of 71 people by Dec 2019.

8 people have moved into employment against a target of 15 people by Dec 2019.

10 have moved into Education against a target of 15 people by Dec 2019.

23 people have accessed our ATI counselling service against a target of 60 people by Dec 2019.

Bereavement Support

The team have offered support for people who have been recently bereaved in the East Riding locality. This service offers bereavement support and an opportunity to have a safe and supported environment to grieve. The team offer practical support and can provide access to community based groups and activities to help to rebuild the lives of those who may feel isolated as a result of their loss.

Each year we offer around 300 hours of Bereavement support to people in the East Riding.

Information Service

This year the Information Service has recorded 2,948 enquiries (vs. a target of 2,000). 52% of these enquiries were from residents in Hull, 44% were from residents living in the East Riding and 4% were from residents living in North East Lincolnshire.

The Information Service is an excellent first point of contact for people who are experiencing wellbeing difficulties and social and non-medical issues. All enquiries are responded to within 2 working days, with the majority of enquiries responded to on the same day. The top two enquiries for this year have been mental health issues and counselling. There still remains a broad spread of enquiries on other matters.

Everyone who engages with the Information Service are allowed the time and safe space to talk about their issues and they are provided with professional information, advice and guidance. The Information Service will see any member of the public that comes into Wellington House for help and support.

The Information Service also visits other organisations (both statutory and private) to offer information to staff to help them or the people they work with and ensure that Mind information booklets and contact details are available to those who need them.

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Therapeutic Services

Young People's counselling

Our person-centred counselling for young people referred from the Child and Adolescent Mental Health Service (CAMHS) in Hull and the East Riding continues to develop.

The service is delivered by a mixture of employed and self-employed counsellors, alongside qualified and trainee Children's Psychological Wellbeing Practitioners (CPWP) and trainee evidence based IAPT counsellors. Between April 2017 and March 2018 the service has successfully supported 898 children and young people to develop coping strategies using evidenced based therapeutic interventions. This has assisted the children and young people to address emotional issues that negatively impact on their lives in over 6,271 hours of therapy over the year.

Adult Therapeutic Services

Let's Talk

We continue to work in partnership with the City Health Care Partnership (CHCP) Let's Talk service and successfully delivered services to a total of 442 clients using the following interventions:

Psychoeducational Courses

Stress Management has had a total of 323 referrals, we have delivered 16 four week educational courses which have been delivered by one of our Mental Health Recovery workers to help provide tips and techniques for overcoming stress, as well as other related issues like anxiety and depression. The course content caters to a variety of learning styles, including informative techniques to help manage negative thoughts and practical relaxation and breathing strategies to better manage stress.

Guided Self Help

We have supported 33 clients through Guided Self Help which provides people with the skills to become their own therapist for a wide range of conditions. The programme has a delivery method to suit all, including effective self- help books, as well as graded exposure to a feared situation alongside a supportive volunteer mentor for people who experience difficulties with anxiety and phobias. Also, the Living Life to the Full computer programme offers a mixture of videos and audio clips to give an alternative, more visual perspective known as cCBT (computerised Cognitive Behavioural Therapy). Our volunteer mentors are also available to help with using Living Life to the Full if people have any difficulties using technology. For the year commencing 2018-2019 this will change to Psychological Wellbeing Practitioners (PWP) delivering Low Intensity CBT and we currently have two staff in training for this.

Counselling

Our confidential counselling service has supported 86 clients and is designed to meet individual needs. Trusting, caring relationships are a core foundation of mental wellbeing. If people feel safe, secure and valued they are much more likely to stay well and recover faster. Our counsellors are caring and compassionate and see people for a series of appointments, which can be weekly or fortnightly to suit their needs.

58% of people accessing our Let's Talk services achieved their goals on completion of treatment. Additionally 94% of clients reported that they would either be likely or extremely likely to recommend our services.

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Young People's Project

The Young People's Project has successfully improved the emotional resilience of 45 young people across Hull and the East Riding who either would have previously accessed CAMHs but not met their threshold for treatment, have self-referred or been referred by other professionals. The project uses a combination of groups across Hull and East Riding as well as individual counselling sessions. The project successfully attained its four main aims: enhanced emotional resilience and coping skills, improved mental health and wellbeing, reduced reliance on statutory services and reduced social isolation and improved relationships.

Don't Look Back

We are now in the final year of funding for the Don't Look Back service, which is due to conclude on the 30th September 2018 and is funded by the Police and Crime Commissioner for Humberside.

Between April 2017 and March 2018, there have been 157 referrals from a number of partner organisations, including National Probation Service, Interserve CRC, HMP Hull and HMP Humber. We offered one-to-one mentoring support to offenders returning to Hull and the East Riding and the main support on offer is now more focused on improving mental wellbeing, as there are other projects in existence looking at the more practical aspects of support. Other funding streams are being sought to ensure the future sustainability of the service.

This support is provided entirely by volunteers and social work students on placement, and in the period of April 2017 to March 2018, 22 mentors have been trained to provide support and encouragement to improve mental health and wellbeing for offenders and to help them to integrate back into their communities. As a result of this support many offenders have gone on to access independent living, employment, training and volunteering. This has had a huge impact on their lives:

- 67% experienced improved ability to manage mental health;
- 84% experienced improved self-esteem;
- 84% experienced improved relationships;
- 67% felt more positive about work.

Mindworks

Mindworks has delivered a variety of training programmes throughout the 2017-18 financial year. The most notable and significant programmes were many public and private organisations seeing the benefit of raising awareness about mental health, and improving the mental health and well-being of their workforce, for which we have seen an increase in bookings. Courses delivered include Mental Health First Aid and Youth Mental Health First Aid and included contracts with large government agencies.

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Student Placements

We continue to work closely with the University of Hull to offer quality placements for Social Work students on both the BA and MA programs.

During 2017-18 we have worked with the local authorities and universities new teaching partnership to help them shape the future of social work teaching. We maintain a key role within the implementation of social work practice within the workplace and support the teaching partnership with student enrolment interviews, Practice Education training and portfolio reading/marking panels.

We have continued to develop our social work programme and are part-way through supporting our first newly qualified student social work student in the Assessed and Supported Year in Employment (ASYE). We hope to offer a further two ASYE placements to newly qualified staff in the coming year.

In 2017-18 we provided 15 Social Work student placements. Staff members provided Practice Education as we now have four qualified Practice Educators and two members of staff that are due to undertake the training in September.

Exit interviews conducted with students who finish placement found that students enjoyed their placements, they had been offered ample learning opportunities and they comfortably met the requirements of their degree:

'I have had excellent support throughout my placement and supervision has been very beneficial. If I ever needed supervision at a time that was not booked in my PE was always there and she was willing to listen and support me in the best way'.

'This placement has had a massive impact on myself as an individual and my professional role. I feel I have more awareness of mental health..... I also feel confident in myself and my ability to do things. I have had so much learning from this placement and looking back to when I first started the placement I can see in change both in my perception of mental health and in my academic work.'

'I have thoroughly enjoyed my time on placement at Mind and feel that there is a great team that work there and have all been extremely helpful and made me feel at ease. My Practice Educator was very supportive and able to help me get back on track so that I could finish placement roughly on time. Thanks for the opportunity and will miss working with everyone.'

Due to the calibre of students we have subsequently employed some recently qualified students, they have also gone on to gain employment in other areas of mental health recovery in organisations such as CHCP, Navigo and the Recovery and Intervention team within ReNew.

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Fundraising

Our fundraising continues to be successful, and we are very grateful to everyone who has supported us over the year- whether that be at a bucket collection, buying raffle tickets, collecting sponsorship through a challenge event, or any of the other various ways people have supported us this year. We are also grateful to all the people and organisations who have made our fundraising possible, such as supermarkets and shopping centres, other businesses and our dedicated volunteers who support us in many different ways.

We have also been fortunate enough to receive grant funding from various organisations to support specific projects, such as our new project to support men at risk of suicide, supported by the Postcode Lottery.

We have registered with the Fundraising Regulator and are compliant with their voluntary Code of regulations regarding best fundraising practice. We are unaware of any failures to comply with this Code.

We do not use professional fund-raisers or commercial participators to carry out any of our fundraising activities.

Where individuals or groups wish to fundraise in aid of Hull and East Yorkshire Mind we will meet with them in order to ensure they understand fundraising best practice. Where we use volunteer fundraisers, these go through a full recruitment and induction process. Lead volunteers are trained in and understand the Fundraising Code. This includes protecting vulnerable people by avoiding certain behaviour such as unreasonably persistent approaches and placing undue pressure on people to give money or property to the charity.

During 2017-18 we received no complaints about fundraising activities carried out by the charity or someone on behalf of the charity.

Changing Opinions

Over the year, we have regularly campaigned to change opinions about mental health. We have regularly promoted the importance of talking about mental health, and encouraging people to get the help they need, such as for Time to Talk day, Mental Health Awareness week, World Suicide Prevention day and World Mental Health day. Highlights this year were working with Hull City Council to create a billboard near the Hull Royal Infirmary, and digital adverts in St Stephens shopping centre for Time to Talk day, which also generated positive media coverage and engagements on social media. We also ran an event for reflection on World Suicide Prevention day at Hessle church.

Measurement and assessment of performance

The Charity measures and assesses performance through the use of a Performance dashboard. This dashboard contains annual objectives in four key areas: Financial; Services and HR; Beneficiaries and Outcomes and Communications and Marketing. Actual performance against these objectives is updated and reviewed on a monthly basis in order to inform decision-making.

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5 Financial Review

The annual accounts have been prepared in accordance with the recommendations in Accounting and Reporting by Charities: Statement of Recommended Practice (SORP) FRS 102 and Update Bulletin 1.

Income for the year was £2,454,105 which is an increase of £512,850 from last year. The major reasons for the increase in income were: increased funding for young people's counselling services £121,567; additional NHS funding for various new projects including work to expand personal health budgets and providing step-down housing support services £98,569; full-year effect of funding for vocational projects from the Building Better Opportunities Fund £61,736; increased provision of training services £60,223; receipt of donated funds from former Grimsby Mind £55,352; growth in Personal Budget support work £52,050; funding to train people working with Looked After Children about mental health and aspiration for those young people £34,052.

This year has seen us generate an operational surplus of £180,011 before amortisation of office development costs which were provided for in our reserves policy and impairment of the value of our Wellington House asset in line with a July 2017 revaluation. Surpluses have largely accrued as a result of continued focus on efficient use of resources and improving the generation of unrestricted income from sources such as training services income and fundraising.

We maintained a good cash flow position throughout the year thanks to generally prompt payments by most of our funding providers.

There are no concerns about the Charity's ability to operate in future periods.

Principal risks and uncertainties

The principal risks facing the charity at present relate to the continuation and retendering of its public sector contracts. Activities and measures are already in place to mitigate these risks.

Reserves Policy

After assessment of the risk to the Charity the reserves policy is:

- To maintain sufficient reserves to enable it to respond to short term fluctuations in levels of funding, and provide sufficient liquid resources to meet its revenue and capital needs.
- To fix the sum required at three months gross annual expenditure plus committed capital expenditure.
- To monitor the position on a regular basis and identify the steps necessary to achieve the required level.
- To invest all liquid assets in short-term low risk investments except where a longer period could be considered.
- To ensure that any longer term investment is only undertaken after proper consideration of the risks and returns involved.

We are planning to invest a significant proportion of our free reserves into developing our service provision and helping more people in future. At the balance sheet date we held £0.65m in free reserves (cash and short-term deposits less restricted funds). We have designated £0.32m from free reserves to put towards our planned residential care home development (known as Wellington Court). We have obtained planning permission and started demolition work necessary to clear the planned site for this development and relevant costs incurred are included within fixed assets at 31st March 2018. Although we have received several generous pledges of financial support for the development, we continue to seek further funding towards this important project. We also hold a £0.05m designated refurbishment reserve for our existing managed residential properties. The remaining free reserves of £0.28m are currently insufficient to meet the reserves policy target of £0.56m. This is partially due to the successful growth of the organisation which has increased the reserves policy sum required. The board will consider the necessary steps to achieve the required level.

Hull and East Yorkshire Mind (Registered number: 04936165)

Trustees Report

Year ended 31st March, 2018

Reserves Policy (continued)

Total funds at the balance sheet date were £1.7m (increased from £1.58m prior year). However, £0.86m of total reserves relates to fixed assets (net of related mortgage creditor) and can only be spent when the asset is sold.

Within total funds there is £1.23m designated funds and £0.12m restricted funds.

Along with the designated funds mentioned above, we also hold designated funds in relation to: property and other fixed assets (£0.63m); and the amortisation of fixed costs relating to previous office developments (£0.22m).

Restricted funds are held in relation to several of our projects, including Prison Mentoring, Moving Forward, Long Term Conditions and Young Person's, along with funding received relating to extending our work into North East Lincolnshire. In these cases project funding covers a period across our financial year-end and the carried-forward funding must be spent on the specific project in the year to 31st March 2019.

Investments and short term deposits

Investments are re-valued each year to reflect the market value prevailing at the balance sheet date. Short term deposits are held by the charity so that in the event that direct funding is delayed, on-going salary and overhead costs can be met.

Market value of freehold land and buildings

Hull and East Yorkshire Mind purchased Wellington House, 108 Beverley Road, Hull on 28 March 2014 for £540,000 being the open market valuation for the property. The property was revalued at £495,000 on 27 July 2017 by Lawrence Hannah Property Consultants on the basis that the rear of the property was demolished and residential planning consent obtained. As demolition had started by 31st March 2018 the Balance Sheet value has been impaired to £495,000.

Hull and East Yorkshire Mind purchased 19 Welbury Grove, Hull on 31 March 2017 for £120,000 being the open market valuation for the property.

Hull and East Yorkshire Mind purchased 18 Cholmley Street, Hull on 10 May 2017 for £59,000 being the open market valuation for the property.

Principal Funding Sources

Our primary funding sources are from contracts with local authorities (Hull City Council and East Riding of Yorkshire Council) to provide the Supported Housing services and Reach Out (Mental Health Promotions) services as detailed in the Achievements and Performance section.

We also manage, on behalf of the landlords, a number of the homes where we are supporting people. The costs of providing this housing management are paid for from tenant rental income.

Funding from Humber Teaching NHS Foundation Trust in relation to providing counselling services to young people has continued to grow and is a significant income stream.

We provide individual packages of support to help people in the East Riding (both in our managed homes and in the community), funded through their Personal Budgets. This method of supporting people has continued to grow over the past year and we aim to further expand that work.

Following our purchase of our Wellington House offices in March 2014 we now have a regular income stream from letting out some of the office space within this building. Our Mindworks training services for local organisations and businesses also provides a regular and growing income stream. In both cases we can use the income to support any of our services and help meet our objectives.

Hull and East Yorkshire Mind (Registered number: 04936165)

Trustees Report

Year ended 31st March, 2018

Principal Funding Sources (continued)

We thank all our supporters for their backing through gifts, donations and grants. We would be unable to meet our objectives and help as many people without your valuable support. In particular we thank the following for their support:

Humber Teaching NHS Foundation Trust
NHS Hull CCG
Big Lottery Fund
Big Lottery Fund and ESF Building Better Opportunities Fund
Mind (the National Association for Mental Health)
Police and Crime Commissioner for Humberside
Department for Work and Pensions
The Henry Smith Charity
Tudor Trust
Help for Health
Garfield Weston Foundation
Joseph and Annie Cattle Trust
Carbon Trust
Postcode Community Trust, a grant-giving charity funded entirely by players of People's Postcode Lottery
Hull and East Riding Charitable Trust
Skills for Care

6 Plans for the Future

Hull and East Yorkshire Mind continues with the broad objectives established in its strategic plan for 2016-2019 with the ambition to help many more beneficiaries over the coming years. Of particular note it will be focussing on:

- Further development and expansion of its services for people from marginalised groups;
- Continued expansion of its housing provision, including the purchase of additional properties to add to its growing portfolio;
- Working with system partners across Humber Coast and Vale to improve access, effectiveness, quality and the sustainability of community mental health services;
- Developing new services to meet the needs of people living with long term, complex mental health problems.

7 Auditors

Smailes Goldie offers themselves for reappointment as auditors at the next Annual General Meeting.

This report has been prepared in accordance with the provisions of Part 15 of the Companies Act 2006 relating to small companies.



P Archer
Chair

Wellington House
108 Beverley Road
Hull HU3 1YA

19th September, 2018

Hull and East Yorkshire Mind

A company limited by guarantee

Independent Auditors Report to the Members of Hull and East Yorkshire Mind

We have audited the group financial statements of Hull and East Yorkshire Mind for the year ended 31st March 2018 which comprises the Statement of Financial Activities, the Balance Sheet, the Cash Flow Statement and the related notes. The financial reporting framework that has been applied in their preparation is applicable law and United Kingdom Accounting Standards (United Kingdom Generally Accepted Accounting Practice applicable to Smaller Entities) (including FRS 102 "The Financial Reporting Standard applicable in the UK and Republic of Ireland").

Basis for opinion

We conducted our audit in accordance with International Standards on Auditing (UK) (ISAs (UK)) and applicable law. Our responsibilities under those standards are further described in the Auditors responsibilities for the audit of the group financial statements section of our report. We are independent of the charitable company in accordance with the ethical requirements that are relevant to our audit of the group financial statements in the UK, including the FRC's Ethical Standard, and we have fulfilled our other ethical responsibilities in accordance with these requirements. We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our opinion.

Conclusions relating to going concern

We have nothing to report in respect of the following matters in relation to which the ISAs (UK) require us to report to you where:

- the trustees' use of the going concern basis of accounting in the preparation of the financial statements is not appropriate; or
- the trustees have not disclosed in the financial statements any identified material uncertainties that may cast significant doubt about the charitable company's ability to continue to adopt the going concern basis of accounting for a period of at least twelve months from the date when the financial statements are authorised for issue.

Respective responsibilities of trustees and auditors

As explained more fully in the Statement of Trustees' Responsibilities the trustees, who are also the directors of Hull and East Yorkshire Mind for the purposes of company law, are responsible for the preparation of the financial statements for the group and for being satisfied that they give a true and fair view.

Our responsibility is to audit and express an opinion on the financial statements in accordance with applicable law and International Standards on Auditing (UK and Ireland). Those standards require us to comply with the Auditing Practices Board's (APB's) Ethical Standards for Auditors.

Scope of the audit of the group financial statements

An audit involves obtaining evidence about the amounts and disclosures in the group financial statements sufficient to give reasonable assurance that the financial statements are free from material misstatement, whether caused by fraud or error. This includes an assessment of: whether the accounting policies are appropriate to the charitable group and company's circumstances and have been consistently applied and adequately disclosed; the reasonableness of significant accounting estimates made by the trustees; and the overall presentation of the group financial statements. In addition, we read all the financial and non-financial information in the Trustees' Report to identify material inconsistencies with the audited group financial statements, and to identify any information that is apparently materially incorrect based on, or materially inconsistent with the knowledge acquired by us in the course of performing the audit. If we become aware of any apparent material misstatements or inconsistencies we consider the implications for our report.

A further description of our responsibilities for the audit of the financial statements is located on the Financial Reporting Council's website at www.frc.org.uk/auditorsresponsibilities. This description forms part of our Report of the Independent Auditors.

Hull and East Yorkshire Mind

A company limited by guarantee

Independent Auditors Report to the Members of Hull and East Yorkshire Mind (continued)

Opinion on other matters prescribed by the Companies Act 2006

In our opinion, based on the work undertaken in the course of the audit:

- the information given in the Report of the Trustees for the financial year for which the financial statements are prepared is consistent with the financial statements; and
- the Report of the Trustees has been prepared in accordance with applicable legal requirements.

Opinion on the group financial statements

In our opinion the group financial statements:

- give a true and fair view of the state of the charitable company's affairs as at 31st March 2018 and of its incoming resources and application of resources, including its income and expenditure, for the year then ended;
- have been properly prepared in accordance with United Kingdom Generally Accepted Accounting Practice applicable to smaller entities; and
- have been properly prepared in accordance with the Companies Act 2006, the Housing and Regeneration Act 2008 and the Accounting Direction for private registered providers of social housing in England 2015.

Matters on which we are required to report by exception

We have nothing to report in respect of the following matters where the Companies Act 2006 requires us to report to you if, in our opinion:

- the information given in the Trustees' Annual Report is inconsistent in any material respect with the financial statements; or
- adequate accounting records have not been kept or returns adequate for our audit have not been received from branches not visited by us; or
- the financial statements are not in agreement with the accounting records and returns; or
- certain disclosures of trustees' remuneration specified by law are not made; or
- we have not received all the information and explanations we require for our audit; or
- the trustees were not entitled to prepare the financial statements in accordance with the small companies regime and take advantage of the small companies exemption in preparing the Trustees' Report.

In addition, we have nothing to report in respect of the following matter where the Housing and Regeneration Act 2008 requires us to report to you if, in our opinion:

- a satisfactory system of control over transactions has not been maintained.

Hull and East Yorkshire Mind

A company limited by guarantee

Independent Auditors Report to the Members of Hull and East Yorkshire Mind (continued)

Use of our report

This report is made solely to the charitable group company's trustees, as a body, in accordance with chapter 3 of Part 16 of the Companies Act 2006 and section 137 of the Housing and Regeneration Act 2008. Our audit work has been undertaken so that we might state to the charitable group company's trustees those matters we are required to state to them in an auditors' report and for no other purpose. To the fullest extent permitted by law, we do not accept or assume responsibility to anyone other than the association and the association's members as a body, for our audit work, for this report, or for the opinions we have formed.



James Sharpley FCA (Senior Statutory Auditor)

Smailes Goldie
Chartered Accountants
Registered Auditors
Regent's Court
Princess Street
East Yorkshire
Hull
HU2 8BA

19th September 2018

Hull and East Yorkshire Mind
Consolidated Statement of Financial Activities
(incorporating an Income and Expenditure Account)
for the year ended 31st March 2018

	Note	Unrestricted funds £	Restricted funds £	Designated funds £	Total 2018 £	Total 2017 £
Incoming Resources						
Incoming resources from generated funds:						
Donations and gifts		80,051	59,352	-	139,403	55,133
Legacies		1,000	-	-	1,000	31,988
Investment income	5	48,696	-	-	48,696	88,066
Wellington Care income		10,427	-	-	10,427	-
Incoming resources from charitable activities:						
Grants receivable	3	-	516,017	-	516,017	377,631
Property income		256,832	-	-	256,832	340,052
Supported housing	6	640,432	-	-	640,432	585,046
Health services		489,190	-	-	489,190	205,377
Local Authority	4	186,180	-	-	186,180	180,315
Other income	5	165,929	-	-	165,929	77,647
Total incoming resources		1,878,737	575,369	-	2,454,106	1,941,255
Resources expended						
Raising funds		83,065	-	-	83,065	56,083
Charitable activities		1,398,448	792,582	-	2,191,030	1,652,468
Total resources expended	7	1,481,513	792,582	-	2,274,095	1,708,551
Net incoming/(outgoing) resources before transfers		397,224	(217,213)	-	180,011	232,704
Transfers between funds		(389,035)	277,556	111,479	-	-
Net (outgoing)/incoming resources		8,189	60,343	111,479	180,011	232,704
Other recognised gains/(losses)						
Amortisation of capital grant		-	-	(10,512)	(10,512)	(10,512)
Depreciation of fixed assets		-	-	(11,594)	(11,594)	(11,594)
Impairment of fixed assets		(45,000)	-	-	(45,000)	(11,594)
Gains/(Losses) on investment assets unrealised		53	-	-	53	(444)
Net movement in funds		(36,758)	60,343	89,373	112,958	210,154
Fund balances brought forward at 1st April 2017		388,206	57,645	1,137,234	1,583,085	1,372,930
Fund balances carried forward at 31st March 2018		351,448	117,988	1,226,607	1,696,043	1,583,085

Hull and East Yorkshire Mind

Consolidated Balance Sheet

at 31st March 2018

	Note	2018		2017	
		£	£	£	£
Fixed assets					
Tangible assets	11		685,327		368,733
Investment property	12		495,000		540,000
Investments	13		2,335		2,282
Current assets					
Debtors	14	312,847		160,356	
Short term deposits		703,235		923,960	
Cash at bank and in hand		60,407		126,159	
		<u>1,076,489</u>		<u>1,210,475</u>	
Creditors: amounts falling due within one year					
Creditors	15	<u>287,302</u>		<u>239,569</u>	
Net current assets			789,187		970,906
Creditors: amount falling due after one year					
Bank loans	16		<u>275,806</u>		<u>298,836</u>
Net assets			<u>1,696,043</u>		<u>1,583,085</u>
Income fund					
Unrestricted funds			351,448		388,206
Restricted funds	19		117,988		57,645
Designated funds	21		<u>1,226,607</u>		<u>1,137,234</u>
	22		<u>1,696,043</u>		<u>1,583,085</u>

The financial statements were approved by the Board of Trustees on 19th September, 2018 and signed on its behalf by



A. Denholm



N. Stewart

The annexed notes form part of these financial statements.

Hull and East Yorkshire Mind

Charity Balance Sheet

at 31st March 2018

	Note	2018		2017	
		£	£	£	£
Fixed assets					
Tangible assets	11		685,327		368,733
Investment property	12		495,000		540,000
Investments	13		2,335		2,282
Current assets					
Debtors	14	329,306		160,356	
Short term deposits		703,235		923,960	
Cash at bank and in hand		60,654		126,159	
		<u>1,093,195</u>		<u>1,210,475</u>	
Creditors: amounts falling due within one year					
Creditors	15	<u>284,222</u>		<u>239,569</u>	
Net current assets			808,973		970,906
Creditors: amount falling due after one year					
Bank loans			275,806		298,836
Net assets			<u>1,715,829</u>		<u>1,583,085</u>
Income fund					
Unrestricted funds			371,234		388,206
Restricted funds			117,988		57,645
Designated funds			<u>1,226,607</u>		<u>1,137,234</u>
			<u>1,715,829</u>		<u>1,583,085</u>

The financial statements were approved by the Board of Trustees on 19th September, 2018 and signed on its behalf by



A. Denholm



N. Stewart

The annexed notes form part of these financial statements.

Hull and East Yorkshire Mind

Statement of Cash Flows

at 31st March 2018

	Note	2018 £	2017 £
Cash flows from operating activities:			
Net cash provided by (used in) operating activities	28	34,076	222,065
Cash flows from investing activities:			
Dividends, interest and rents from investments		48,696	88,066
Purchase of property, plant and equipment		(346,219)	(123,180)
Net cash provided by (used in) investing activities		(297,523)	(35,114)
Cash flows from financing activities:			
Repayments of borrowing		(23,030)	(23,393)
Net cash provided by (used in) financing activities		(23,030)	(23,393)
Change in cash and cash equivalents in the reporting period		(286,477)	163,558
Cash and cash equivalents at the beginning of the reporting period	29	1,050,119	886,561
Cash and cash equivalents at the end of the reporting period	29	763,642	1,050,119

Hull and East Yorkshire Mind

Notes to the Financial Statements

year ended 31st March 2018

1. Accounting policies

(a) General information and basis of preparation

Hull and East Yorkshire Mind is a company limited by guarantee in the United Kingdom, a private registered provider of social housing in the United Kingdom. In the event of the association being wound up, the liability in respect of the guarantee is limited to £1 per member of the association. The address of the registered office is given in the association's information on page 3 of these financial statements. The nature of the association's operations and principal activities are stated in the trustees report.

The association constitutes a public benefit entity as defined by FRS 102. The financial statements have been prepared in accordance with applicable accounting standards including Financial Reporting Standard 102 The Financial Reporting Standard applicable in the UK and Republic of Ireland (FRS 102), the Statement of Recommended Practice for Social Housing Providers 2015 and with the Accounting Direction for private registered providers of social housing in England 2015. The financial statements are also prepared under the requirements of the Housing and Regeneration Act 2008 and the Companies Act 2006. The financial statements have been prepared on a going concern basis under the historical cost convention, modified to include certain items at fair value.

The significant accounting policies applied in the preparation of these financial statements are set out below. These policies have been consistently applied to all years presented unless otherwise stated.

(b) Funds

Unrestricted funds are available for use at the discretion of the trustees in furtherance of the general objectives of the charity and which have not been designated for other purposes.

Designated funds comprise unrestricted funds that have been set aside by the trustees for particular purposes.

Restricted funds are funds which are to be used in accordance with specific restrictions imposed by donors or which have been raised by the charity for particular purposes. The cost of raising and administering such funds are charged against the specific fund.

(c) Income recognition

All incoming resources are included in the Statement of Financial Activities (SoFA) when the charity is legally entitled to the income after any performance conditions have been met, the amount can be measured reliably and it is probable that the income will be received.

For donations and grants to be recognised the charity will have been notified of the amounts and the settlement date in writing. If there are conditions attached to the donation and this requires a level of performance before entitlement can be obtained then income is deferred until those conditions are fully met or the fulfilment of those conditions is within the control of the charity and it is probable that they will be fulfilled.

Hull and East Yorkshire Mind

Notes to the Financial Statements

year ended 31st March 2018

1. Accounting policies (continued)

(c) Income recognition (continued)

No amount is included in the financial statements for volunteer time in line with the SORP (FRS 102). Further detail is given in the Trustees' Annual Report.

Income from trading activities includes income earned from fundraising events and trading activities to raise funds for the charity. Income is received in exchange for supplying goods and services in order to raise funds and is recognised when entitlement has occurred.

The charity receives grants in respect of various activities. Income from government and other grants are recognised at fair value when the charity has entitlement after any performance conditions have been met, it is probable that the income will be received and the amount can be measured reliably. If entitlement is not met then these amounts are deferred.

Investment income is earned through holding assets for investment purposes such as shares and property. It includes interest and rent. Where it is not practicable to identify investment management costs incurred within a scheme with reasonable accuracy the investment income is reported net of these costs. It is included when the amount can be measured reliably. Interest income is recognised using the effective interest method.

(d) Expenditure recognition

All expenditure is accounted for on an accruals basis and has been classified under headings that aggregate all costs related to the category. Expenditure is recognised where there is a legal or constructive obligation to make payments to third parties, it is probable that the settlement will be required and the amount of the obligation can be measured reliably.

Irrecoverable VAT is charged as an expense against the activity for which expenditure arose.

(e) Support costs allocation

Support costs are those that assist the work of the charity but do not directly represent charitable activities and include office costs, governance costs, administrative payroll costs. They are incurred directly in support of expenditure on the objects of the charity and include project management carried out at Headquarters. Where support costs cannot be directly attributed to particular headings they have been allocated to cost of raising funds and expenditure on charitable activities on a basis consistent with use of the resources. Premises overheads have been allocated on a floor area percentage basis and other overheads have been allocated on a direct basis.

Fund-raising costs are those incurred in seeking voluntary contributions and do not include the costs of disseminating information in support of the charitable activities.

The analysis of these costs is included in note 7.

Hull and East Yorkshire Mind

Notes to the Financial Statements

year ended 31st March 2018

1. Accounting policies (continued)

(f) Tangible fixed assets

Only expenditure over £1,000 is capital expenditure.

Tangible fixed assets are stated at cost (or deemed cost) or valuation less accumulated depreciation and accumulated impairment losses. Cost includes costs directly attributable to making the asset capable of operating as intended.

Depreciation is provided on all tangible fixed assets on a straight line basis, at rates calculated to write off the cost, less estimated residual value, of each asset on a systematic basis over its expected useful life as follows:

Head Office Development	6.67%
Office Equipment	5% - 20%
Fixtures and Fittings	5% and 20%
Computer Equipment	33.33%

(g) Investment property

Investment properties for which fair value can be measured reliably are measured at fair value at each reporting date with changes in fair value recognised in the Statement of Comprehensive Income.

(h) Investments

Investments are recognised initially at fair value which is normally the transaction price excluding transaction costs. Subsequently, they are measured at fair value with changes recognised in 'net gains / (losses) on investments' in the SoFA if the shares are publicly traded or their fair value can otherwise be measured reliably. Other investments are measured at cost less impairment.

(i) Debtors and creditors receivable / payable within one year

Debtors and creditors with no stated interest rate and receivable or payable within one year are recorded at transaction price. Any losses arising from impairment are recognised in expenditure.

(j) Loans and borrowings

Loans and borrowings are initially recognised at the transaction price including transaction costs. Subsequently, they are measured at amortised cost using the effective interest rate method, less impairment. If an arrangement constitutes a finance transaction it is measured at present value.

(k) Impairment

Assets not measured at fair value are reviewed for any indication that the asset may be impaired at each balance sheet date. If such indication exists, the recoverable amount of the asset, or the asset's cash generating unit, is estimated and compared to the carrying amount. Where the carrying amount exceeds its recoverable amount, an impairment loss is recognised in profit or loss unless the asset is carried at a revalued amount where the impairment loss is a revaluation decrease.

Hull and East Yorkshire Mind

Notes to the Financial Statements

year ended 31st March 2018

1. Accounting policies (continued)

(l) Leases

Assets acquired under finance leases are capitalised and depreciated over the shorter of the lease term and the expected useful life of the asset. Minimum lease payments are apportioned between the finance charge and the reduction of the outstanding lease liability using the effective interest method. The related obligations, net of future finance charges, are included in creditors.

Rentals payable and receivable under operating leases are charged to the SoFA on a straight line basis over the period of the lease.

(m) Employee benefits

When employees have rendered service to the charity, short-term employee benefits to which the employees are entitled are recognised at the undiscounted amount expected to be paid in exchange for that service.

The charity operates two schemes on a money purchase basis both of which are externally administered by Trustees. Contributions made are therefore charged against income when the contributions fall due.

2. Taxation

Hull and East Yorkshire Mind is a U.K. registered charity, number 1101976. All the Charity's income is applied to its charitable objects and the Charity is, therefore, exempt under current legislation from most forms of taxation.

The charity is registered for VAT and can recover VAT on freehold property expenses. The cost of irrecoverable VAT incurred by the charity is included in the statement of financial activities.

Hull and East Yorkshire Mind

Notes to the Financial Statements

year ended 31st March 2018

3. Grants receivable

	2018 £	2017 £
Grants were received from the following bodies during the year:		
Big Lottery Fund Grant	111,795	82,672
Health services	157,000	182,466
Tudor Trust	12,575	24,965
Police and Crime Commissioner for Humberside	36,257	36,255
Help for Health	7,266	6,257
Tribune Trust	-	2,000
Rotary Club	1,009	5,000
Big Lottery Fund and ESF Building Better Opportunities Grant	63,106	1,369
Department for Work and Pensions	30,404	31,325
Autism East Midlands	6,000	4,000
Mind	42,628	-
People's Postcode Lottery	3,228	-
Skills For Care	2,150	-
The Henry Smith Charity	19,161	-
Garfield Weston Foundation	6,205	-
Co-op Community Fund	1,791	-
Hull and East Riding Charitable Trust	3,000	-
Joseph and Annie Cattle Trust	4,000	-
Carbon Trust	3,237	-
Hull Aid in Sickness Trust	1,705	-
Hull Jubilee Aid in Sickness Fund	1,500	-
Other grants	2,000	1,322
	<u>516,017</u>	<u>377,631</u>

4. Local authority

	2018 £	2017 £
East Riding of Yorkshire Council	162,840	161,107
Kingston upon Hull City Council	23,340	19,208
	<u>186,180</u>	<u>180,315</u>

5. Other income

	Rental income £	Bank interest £	Other income £	2018 £	2017 £
Ways2Wellbeing	-	-	297	297	205
Directorate and administration	39,421	9,275	13,263	61,959	92,817
Old Parcels Office, Bridlington	-	-	13,153	13,153	13,030
Kent Street, Grimsby	1,750	-	1,255	3,005	-
Hull Services	-	-	18,075	18,075	19,625
Humberside Police	-	-	26,000	26,000	3,077
Volunteering	-	-	-	-	98
Mindworks	-	-	90,769	90,769	30,546
St Anne's School	-	-	1,203	1,203	-
Supported House Hull	-	-	119	119	6,176
Supported Housing East Riding	-	-	45	45	139
	<u>41,171</u>	<u>9,275</u>	<u>164,179</u>	<u>214,625</u>	<u>165,713</u>

Hull and East Yorkshire Mind

Notes to the Financial Statements

year ended 31st March 2018

6. Supporting people income

	2018 £	2017 £
Hull City Council	461,088	457,752
East Riding of Yorkshire Council	179,344	127,294
	<u>640,432</u>	<u>585,046</u>

Hull and East Yorkshire Mind

Notes to the Financial Statements

year ended 31st March 2018

7. Total resources expended

Costs directly allocated to activities	Basis of allocation	Wellington Care Limited £	Community Projects £	Housing Services £	Employ-ment and training projects £	Fund-raising £	2018 Total £	2017 Total £
Staff costs	Direct	21,166	370,711	542,304	201,871	32,847	1,168,901	846,736
Recruitment	Direct	239	476	430	343	-	1,488	865
Travel	Direct	-	24,824	34,999	13,715	749	74,287	47,624
Beneficiary training	Direct	4,533	13,480	2,222	3,624	-	23,859	29,080
Other direct costs	Direct	761	251,789	68,368	38,545	10,293	369,755	175,354
Housing services	Direct	-	-	128,475	-	-	128,475	107,826
Volunteer expenses	Direct	-	3,176	3	3,531	202	6,913	16,028
Support costs allocated to activities								
Premises	Floor Area	458	89,372	15,731	11,208	-	116,769	127,893
Communication	Direct	-	7,302	8,633	2,031	687	18,653	13,983
Administration and finance	Income	-	107,329	129,166	48,785	8,973	294,253	276,389
Governance costs	Income	-	25,804	31,054	11,729	2,157	70,744	66,772
Total		<u>27,157</u>	<u>894,263</u>	<u>961,385</u>	<u>335,382</u>	<u>55,908</u>	<u>2,274,095</u>	<u>1,708,551</u>

Hull and East Yorkshire Mind

Notes to the Financial Statements

year ended 31st March 2018

8. Surplus of income over expenditure	2018	2017
	£	£
Surplus of income over expenditure for the financial year is stated after charging:		
Depreciation	7,519	1,703
Auditors' remuneration	6,000	5,900
Operating lease rentals	954	119
	<u> </u>	<u> </u>

9. Employee emoluments	2018	2017
	£	£
Gross	1,239,460	965,597
National Insurance	94,317	72,805
Pension	26,367	20,918
	<u> </u>	<u> </u>
Total emoluments	1,360,144	1,059,320
	<u> </u>	<u> </u>
Average number of full time employees	63	52
	<u> </u>	<u> </u>

One employee received total employee benefits (excluding employer pension costs) of more than £60,000 (2017 £Nil).

10. Trustees' and key management personnel remuneration and expenses

The trustees were not entitled to and received no remuneration from the Charity during the year. There were, however, reimbursed expenses incurred, which totalled £1,357 (2017 £1,226). The expenses related to travel for relevant meetings and training days for three trustees.

Hull and East Yorkshire Mind

Notes to the Financial Statements

year ended 31st March 2018

11. Tangible fixed assets

	Fixtures and fittings £	Office equipment £	IT equipment £	Office development £	Head OPO Development £	Welbury Grove £	Wellington Court £	Cholmley Street £	Total £
Cost or valuation:									
At 1st April 2017	17,137	3,229	46,714	173,817	219,419	120,000	3,180	-	583,496
Additions	-	-	5,236	9,294	1,497	-	207,558	122,634	346,219
Disposals	-	587	24,674	-	-	-	-	-	25,261
At 31st March 2018	17,137	2,642	27,276	183,111	220,916	120,000	210,738	122,634	904,454
Depreciation:									
At 1st April 2017	12,624	3,229	46,714	32,189	120,007	-	-	-	214,763
Charge for year	1,564	-	291	11,943	11,027	4,800	-	-	29,625
Eliminated on disposals	-	587	24,674	-	-	-	-	-	25,261
At 31st March 2018	14,188	2,642	22,331	44,132	131,034	4,800	-	-	219,127
Net book value:									
At 31st March 2018	2,949	-	4,945	138,979	89,882	115,200	210,738	122,634	685,327
At 31st March 2017	4,513	-	-	141,628	99,412	120,000	3,180	-	368,733

Hull and East Yorkshire Mind

Notes to the Financial Statements

year ended 31st March 2018

11. Tangible fixed assets (continued)

The net book value at 31st March 2018 represents fixed assets used for:

	Fixtures and fittings £	Office equipment £	IT equipment £	Head Office development £	OPO Development £	Welbury Grove £	Wellington Court £	Cholmley Street £	Total £
Direct charitable purposes:									
Provision of services	2,949	-	4,945	104,929	89,882	115,200	210,738	122,634	651,277
Other purposes:									
Management and administration of the charity	-	-	-	34,050	-	-	-	-	34,050
	<u>2,949</u>	<u>-</u>	<u>4,945</u>	<u>138,979</u>	<u>89,882</u>	<u>115,200</u>	<u>210,738</u>	<u>122,634</u>	<u>685,327</u>

Hull and East Yorkshire Mind

Notes to the Financial Statements

year ended 31st March 2018

12. Investment Property Group and Charity

	£
Cost of valuation:	
At 1st April 2017	540,000
Additions	-
Disposals	-
Impairment	45,000
	<hr/>
At 31st March 2018	495,000
	<hr/>
Depreciation:	
At 1st April 2017	-
Charge for year	-
Eliminated on disposal	-
	<hr/>
At 31st March 2018	-
	<hr/>
Net book value:	
At 31st March 2018	495,000
	<hr/>
	<hr/>
At 31st March 2017	540,000
	<hr/>
	<hr/>

The investment property has an element of charitable use. The value of the charitable use cannot be reliably measured without undue cost and effort and as a result all of the property is classed as investment. Due to a high residual value the property is not depreciated but is regularly subject to impairment reviews.

13. Investment

	2018 £	2017 £
Kingston Communications (Hull) plc shares		
Fair value at 1st April 2017	2,282	2,725
Additions	-	-
Disposals	-	-
Unrealised increase in value for the year	53	(444)
	<hr/>	<hr/>
Fair value at 31st March 2018	2,335	2,282
	<hr/>	<hr/>
Historical cost at 31st March 2018	7,556	7,556
	<hr/>	<hr/>
Analysis of investments		
UK Equities	2,335	2,282
	<hr/>	<hr/>

The investments are listed on a recognised stock exchange.

CHARITY

Investment in subsidiary

	2018 £	2017 £
Wellington Care Limited	1	1
	<hr/>	<hr/>

Hull and East Yorkshire Mind

Notes to the Financial Statements

year ended 31st March 2018

13. Investment (continued)

The investment in subsidiary represents 100% of the issued share capital of Wellington Care Limited, a trading subsidiary which is registered in England and Wales.

At 31 March 2018 the subsidiary had aggregate capital and reserves of £5,214 and made a loss for the year of £19,786.

14. Debtors	2018 Group £	2018 Charity £	2017 £
Trade debtors	293,294	285,426	149,937
Prepayments	13,426	12,753	10,419
VAT	6,127	6,127	-
Inter-company	-	25,000	-
	<u>312,847</u>	<u>329,306</u>	<u>160,356</u>

15. Creditors: amounts falling due within one year	2018 Group £	2018 Charity £	2017 £
Trade creditors	116,170	116,170	58,717
Other creditors	-	-	306
Accruals	66,382	63,818	30,938
Payroll creditors	100	100	36
VAT	-	-	178
Deferred income	81,719	81,203	126,730
Bank loans	22,931	22,931	22,663
	<u>287,302</u>	<u>284,222</u>	<u>239,569</u>

A bank loan totalling £298,737 (2017 £321,499) is secured on the property at 108 Beverley Road, Hull.

The bank loan terms of repayment are 179 monthly instalments of £2,720.97 and interest is payable at 2.85% over base rate on the principal amount.

16. Creditors: amounts falling due after more than one year	2018 £	2017 £
Group and Charity		
Bank loans	<u>275,806</u>	<u>298,836</u>

The Bank loan includes aggregate amounts of £176,375 (2017 £200,922) which fall due after five years.

Hull and East Yorkshire Mind

Notes to the Financial Statements

year ended 31st March, 2018

17. Operating leases

Anticipated payments under operating leases for the year ended 31st March 2018 in respect of commitments that expire:

	2018 £	2017 £
Within one year	16,143	-
In one to two years	16,143	-
Over five years	12,326	-
	<u>44,612</u>	<u>-</u>

18. Legislative provisions

The Charity is regulated by the Charities Act 2011 and the Companies Act 2006.

19. Restricted funds

	Balance at 1st April 2017 £	Movement in funds			Balance at 31st March 2018 £
		Incoming Resources £	Expended Resources £	Transfers £	
Young Person's Project	-	34,157	23,282	-	10,875
Volunteer projects	-	10,518	27,366	16,848	-
Prison Mentoring Project	32,698	55,089	39,529	-	48,258
Moving Forward Big Lottery Fund Grant	24,667	111,796	91,980	-	44,483
Trainers of Boys Project	346	-	-	(346)	-
Supported Housing	-	154,705	408,205	253,500	-
Big Lottery Fund and ESF Building Better Opportunities Grant	(60)	63,105	66,770	-	3,725
Matthews Hub	-	13,573	13,573	-	-
Long Term Conditions	(6)	21,878	6,856	-	15,016
Journey to Employment (J2E) Job Club Grant	-	22,831	25,993	-	3,162
NEL Mind	-	70,352	64,845	-	5,507
People's Postcode Lottery Grant	-	3,228	2,492	-	736
Skills for Care Grant	-	2,150	2,150	-	-
Self Harm Train the Trainer Training	-	3,000	3,000	-	-
Energy efficient lighting installation	-	3,237	10,791	7,554	-
Local Mind Grants Fund	-	5,750	5,750	-	-
	<u>57,645</u>	<u>575,369</u>	<u>792,582</u>	<u>277,556</u>	<u>117,988</u>

20. Moving Forward Funding

Of the incoming and expended resources attributable to grant funding the following movements were seen during 2017/2018:

	Balance at 1st April 2017 £	Movement in funds			Balance at 31st March 2018 £
		Incoming resources £	Expended Resources £	Transfers £	
Big Lottery Fund Grant (Project ID: 0010262109)	24,667	111,796	91,980	-	44,483

Hull and East Yorkshire Mind

Notes to the Financial Statements

year ended 31st March 2018

21. Designated funds

The income funds of the charity include the following designated funds which have been set aside out of unrestricted funds by the Trustees for specific purposes:

	Balance at 1st April 2017 £	New designations £	Utilised/ released £	Balance at 31st March 2018 £
Head Office improvements	141,627	-	11,594	130,033
Investment Property – Wellington House	218,501	22,762	45,000	196,263
Fixed Assets – Land and Buildings	123,180	300,734	4,800	419,114
Fixed Assets – Other	5,976	13,308	-	19,284
Refurbishment Reserve	50,000	2,575	-	52,575
Development of new services	500,000	-	178,100	321,900
Old Parcels Office Development	97,950	-	10,512	87,438
	<u>1,137,234</u>	<u>339,379</u>	<u>250,006</u>	<u>1,226,607</u>

22. Analysis of net assets between funds

	Unrestricted funds £	Restricted funds £	Designated Funds £	Total 2018 £	Total 2017 £
Fund balances at 31st March 2018 are represented by					
Tangible fixed assets	-	-	1,180,327	1,180,327	908,733
Investments	2,335	-	-	2,335	2,282
Current assets	912,221	117,988	46,280	1,076,489	1,210,475
Current liabilities	(563,108)	-	-	(563,108)	(538,405)
Total net assets	<u>351,448</u>	<u>117,988</u>	<u>1,226,607</u>	<u>1,696,043</u>	<u>1,583,085</u>

23. Indemnity insurance

The Charity paid £3,425 (2017 £3,495) during the year to indemnify the trustees against the consequences of any neglect or default on their part.

24. Pensions

The Charity operates a defined contribution scheme. The amount charged to the Statement of Financial Activities in the year to 31 March 2018 was £26,367 (2017 £20,918).

25. Related parties

Information about related party transactions and outstanding balances is outlined below:

Mr S Delaney was a trustee of Hull and East Yorkshire MIND and a partner of Delaney Marling Partnership. However, he resigned as a trustee 15th November 2017. During the year (until 15th November 2017) Hull and East Yorkshire MIND purchased goods and services to the value of £4,855 (2017 £1,290) from Delaney Marling Partnership under normal commercial terms.

Hull and East Yorkshire Mind (Registered number: 04936165)

Notes to the Financial Statements

year ended 31st March 2018

25. Related parties (continued)

Mr M Gill is a trustee of Hull and East Yorkshire Mind. During the year Hull and East Yorkshire Mind purchased training services from Mr Gill to the value of £3,000 (2017 £2,372) under normal commercial terms.

Mr D Kitney is a trustee of Hull and East Yorkshire Mind and a director of Emmerson Kitney Limited. During the year Hull and East Yorkshire Mind purchased goods and services to the value of £Nil (2017 £6,672) from Emmerson Kitney Limited under normal commercial terms.

26. SOFA Prior year comparatives

	Unrestricted Funds £	Restricted Funds £	Designated Funds £	Endowment Funds £	Total £
Incoming Resources from generated funds					
Voluntary income:					
Donations and gifts	55,133	-	-	-	55,133
Legacies	31,988	-	-	-	31,988
Activities for generating funds:					
Investment income	88,066	-	-	-	88,066
Incoming Resources from charitable activities					
Grants receivable	-	377,631	-	-	377,631
Property income	340,052	-	-	-	340,052
Supported housing	585,046	-	-	-	585,046
Local authority	180,315	-	-	-	180,315
Health Services	205,377	-	-	-	205,377
Other income	77,647	-	-	-	77,647
Total Incoming Resources	1,563,624	377,631	-	-	1,941,255
Resources Expended					
Fundraising and publicity	56,083	-	-	-	56,083
Charitable Activities	1,061,533	590,935	-	-	1,652,468
Total resources expended	1,117,616	590,935	-	-	1,708,551
Net incoming/(outgoing) resources before transfers	446,008	(213,304)	-	-	232,704
Transfers between funds	(508,973)	250,943	258,030	-	-
Net incoming/(outgoing) resources	(62,965)	37,639	258,030	-	232,704
Amortisation of Capital Grant	-	-	(10,512)	-	(10,512)
Depreciation of fixed assets	-	-	(11,594)	-	(11,594)
(Losses)/gains on investment assets unrealised	(444)	-	-	-	(444)
Net movement in funds	(63,409)	37,639	235,924	-	210,154
Funds balance brought forward at 1st April 2016	451,615	20,005	901,310	-	1,372,930
Fund balances carried forward at 31 March 2017	388,206	57,645	1,137,234	-	1,583,085

Hull and East Yorkshire Mind

Notes to the Financial Statements

year ended 31st March 2018

27. Employee benefits for key management personnel (SMT and Trustees)

	2018 £	2017 £
Net employee benefits – key management personnel	104,049	98,068

28. Reconciliation of net income/(expenditure) to net cash flow from operating activities

	2018 £	2017 £
Net income/(expenditure) for the reporting period (as per the statement of financial activities)	112,958	210,154
Adjusted for:		
Depreciation charges	29,625	25,688
Impairment	45,000	-
Gains/losses on investments	(53)	444
Dividends, interest and rents from investments	(48,696)	(88,066)
(Increase)/decrease in debtors	(152,491)	21
Increase/(decrease) in creditors	47,733	73,824
Net cash provided by/(used in) Operating Activities	34,076	222,065

29. Analysis of cash and cash equivalents

	2018 £	2017 £
Cash in hand and at bank	60,407	126,159
Notice deposits (less than 3 months)	703,235	923,960
Total cash and cash equivalents	763,642	1,050,119

30. Capital commitments

	2018 £	2017 £
Contracted but not provided for in the financial statements	37,163	-

